

Our thoughts in this present life should turn on the praise of God, because it is in praising God that we shall rejoice for ever in the life to come; and no one can be ready for the next life unless he trains himself for it now. So we praise God during our earthly life, and at the same time we make our petitions to him. Our praise is expressed with joy, our petitions with yearning. We have been promised something we do not yet possess, and because the promise was made by one who keeps his word, we trust him and are glad; but insofar as possession is delayed, we can only long and yearn for it. It is good for us to persevere in longing until we receive what was promised, and yearning is over; then praise alone will remain.

Because there are these two periods of time - the one that now is, beset with the trials and troubles of this life, and the other yet to come, a life of everlasting serenity and joy - we are given two liturgical seasons, one before Easter and the other after. The season before Easter signifies the troubles in which we live here and now, while the time after Easter which we are celebrating at present signifies the happiness that will be ours in the future. What we commemorate before Easter is what we experience in this life; what we celebrate after Easter points to something we do not yet possess. This is why we keep the first season with fasting and prayer; but now the fast is over and we devote the present season to praise. Such is the meaning of the *Alleluia* we sing.

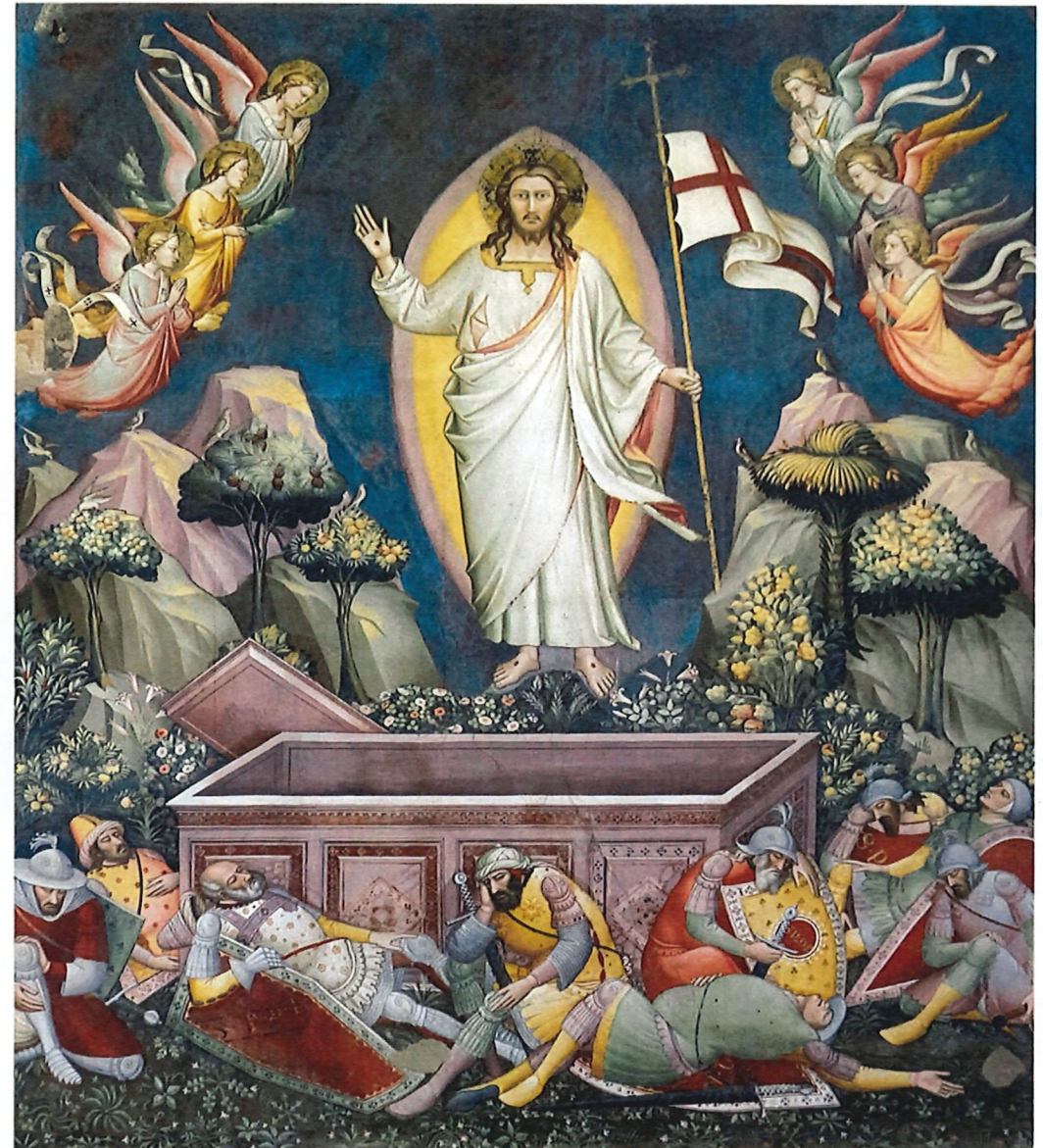
Both these periods are represented and demonstrated for us in Christ our head. The Lord's passion depicts for us our present life of trial - shows how we must suffer and be afflicted and finally die. The Lord's resurrection and glorification show us the life that will be given to us in the future.

Now therefore, brethren, we urge you to praise God. That is what we are all telling each other when we say *Alleluia*. You say to your neighbor, "Praise the Lord!" and he says the same to you. We are all urging one another to praise the Lord, and all thereby doing what each of us urges the other to do. But see that your praise comes from your whole being; in other words, see that you praise God not with your life and voices alone, but with your minds, your lives, and all your actions.

We are praising God now, assembled as we are here in church; but when we go our various ways again, it seems as if we cease to praise God. But provided we do not cease to live a good life, we shall always be praising God. You cease to praise God only when you swerve from justice and from what is pleasing to God. If you never turn aside from the good life, your tongue may be silent but your actions will cry aloud, and God will perceive your intentions; for as our ears hear each other's voices, so do God's ears hear our thoughts.

*From a discourse on the psalms by Saint Augustine, bishop*

# Alleluia!



# Christ is Risen

# The Resurrection of the Lord

APRIL 5, 2026

Christ is risen! He is risen indeed.

The Risen Christ rekindles our faith in God, our hope in eternal life, our charity for one another. May He bring peace to our lives, peace to our families, peace to our world. May He bring comfort to the afflicted, the oppressed, the victims of war and violence. May His presence fill our hearts and our homes with joy.

With joy we welcome into our community of faith Robert Gillespie and Paraskevi Kontogiannis, who were received into Full Communion with the Holy Catholic Church, and those who were baptized at the Easter Vigil: Wing Man Mandy Cheung, and son Bossen Fu; Yanting Huang, and sons Theo Ge and Max Ge; Kai Andrew Jablonski; Tsz Hin Rio Kwok; Siu Yuen Stanley Lee; Gabriel Kapo Mak; Oladimeji John Oluwasanmi, and sons Oluwasemilore John, Oluwagbenga Emanuel, and Oluwasegunfunmi Caleb; and Youjiao Michael Sun.



We are grateful to everyone who helped make our celebration of Easter so beautiful: the choir, the organists, the lectors and ushers, the altar servers, those who cleaned the church, prepared the linens and sacred vessels, and those who arranged the flowers. In a special way we thank Father Nicolas Tumbelaka for his assistance over the Easter Triduum. We keep in our prayers the sick and those from whom we are separated by distance or death and commend them to the Risen Lord.

## Parish of Saint Michael the Archangel

9387 Holmes Street  
Burnaby, BC V3N 4C3

## WEEK AT A GLANCE

### April 6 Easter Monday

9:00 a.m. Mass

### April 7 Tuesday

1:00 p.m. Ladies Auxiliary meeting

7:10 p.m. Rosary for the Sick

7:30 p.m. Mass

### April 8 Wednesday

7:00 a.m. Lauds

7:15 a.m. Mass

7:00 p.m. PREP

### April 9 Thursday

7:00 a.m. Lauds

7:15 a.m. Mass

11:00 a.m. Funeral of Steve Demichina

7:00 p.m. Adult Catechism

### April 10 Friday

7:00 a.m. Lauds

7:15 a.m. Mass

9:00 a.m. School Mass

### April 11 Saturday

9:00 a.m. Mass

9:30 a.m. Rosary for Vocations

The octave of Easter is celebrated as one Feast; thus, Friday of Easter week is not a penitential day.

## WELCOME

If you are new to Saint Michael's or just visiting, we welcome you. If you would like to register in the parish, kindly pick up a registration card from the vestibule of the church, fill it out, and drop it in the collection basket. If you would like a set of Sunday offering envelopes, please contact the parish office.

## REST IN PEACE

Prayers are requested for the repose of the soul of Eustachio (Steve) Demichina, who died on March 29<sup>th</sup>. Mass of Christian Burial will be celebrated on Thursday, April 9<sup>th</sup> at 11:00 a.m.

## PARISH DEVELOPMENT COLLECTION

Our April building fund collection will be taken up at all the Masses next weekend.

## PANCAKE BREAKFAST

Next Sunday, April 12<sup>th</sup>, the Knights of Columbus will be serving pancake breakfast in the school gymnasium after the 8:30 and 10:00 Masses, and everyone is welcome.

## KNIGHTS OF COLUMBUS 40<sup>TH</sup> ANNIVERSARY

Please join in honoring and celebrating the 40<sup>th</sup> anniversary of St. Michael's Knights of Columbus Council #9246 at a banquet and buffet dinner on Sunday, April 19<sup>th</sup>. Tickets are \$50 per person. Please see the poster in the vestibule for further details.