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## PLEASE PRAY FOR THE SICK

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Berta Arruda, Jaime Awa, Sylvia Baco, Don Baker, Alfredo Baldissera, Randy Battilana, Kay Blair, Andrew Blount, Fr. Alan Boisclair, Tomas Bourassa, Julie Brown, Robin Brown, June Buchan, Wendy Buchan, Kristi Burgon, Cynthia Caraan, Roy & Jeanne Cardinal, Helen Cartier, Leonida Chaplin, Jenny Cheng, Robert & Theresa Cheng, Hershey Chow, Maria Correia, Jose Correia, James Cresswell, Justin Darrah, David Dawson, Michael De Faria-Neves, Luigino De Paoli, Jeanie Deagle, Joyce Diemert, Christine Ermita, Arend Fernandez, Cecilia Ferreira, Terry Fitzgerald, Lloyd Gerson, Robert Gierico, Victoria Gillespie, William Girard, Amy Goco, Linda Gorrie, Chung Eun Han, Domingo & Violeta Hernandez, Chris Holmes, Dawn Horrocks, Kathy Horrocks, Noelle Horrocks, Bogumil Iwan, Martina Javerina-Barbour, Bronwyn Jones, Herta Kemnitz, Susan Kent, Alfred Kerr, Josephine Kerr, Lisa Kerr, Kimberly Lam, Yvon Laplante, Leslie Larden, Fr. Joseph Thoai Le, Paul Levy, Chuk Ming Lo, Msgr. Dennis Luterbach, Erin Mackay, Lia Macri, Carol March, Ray Marchand, Connie McLellan, Julie McNeil, Peggy MacDonald, Shirley Mhur, Kevin Mrazek, Peggy Mrazek, Kwong-Lung Mui, Albin Naliath, Martha Nguyen, Rosemary Nicholson, Jim O'Brien, Eileen O'Riordan, Lillian Pasin, Phil Petrie, Terry Phillips, Naomi Piñeda, Teresa Ramos, Bernadeth Recinto, Marguerite & Ralph Roberts, Paul Rossi, Manfred Schunck, Richard Seganfredo, Stephen Smith, Walter Sporer, Stacey Stalhem, Janet Stead, Theresa Stobbs, Ian Stockdale, Gen Sykes, Sigi Ullrich, Dominic Vu, Christina Wee, Beverly Welsh, Jaimie Willis, Isabel Wodtke, Cindy Woo, Heather Wright, Aida Yopez, Henry Zilkowsky, and all the sick of whom we do not know. Mary, Health of the Sick, pray for us.

*"I lift up my eyes toward the mountains; whence shall help come to me?  
My help is from the Lord, who made heaven and earth.*

*The Lord is your guardian; the Lord is your shade; he is beside you at your right hand.  
The Lord will guard you from all evil; he will guard your life.  
The Lord will guard your coming and your going, both now and forever." (Psalm 121)*

## Parish of Saint Michael the Archangel

9387 Holmes Street  
Burnaby, BC V3N 4C3  
Phone: (604) 521-3406  
Website: [www.stmichaelsparish.ca](http://www.stmichaelsparish.ca)  
Email: [Parish.Secretary@stmichaelsparish.ca](mailto:Parish.Secretary@stmichaelsparish.ca)



PASTOR: Monsignor Bernard Rossi, P.H., J.C.D.  
PARISH SECRETARY: Mrs. Sharon Gauvin

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### FOURTH SUNDAY IN ORDINARY TIME, FEBRUARY 1, 2026

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Sunday Mass: Saturday (anticipated) 7:00 p.m.  
Sunday - 8:30 a.m., 10:00 a.m., 12 noon, 5:00 p.m.

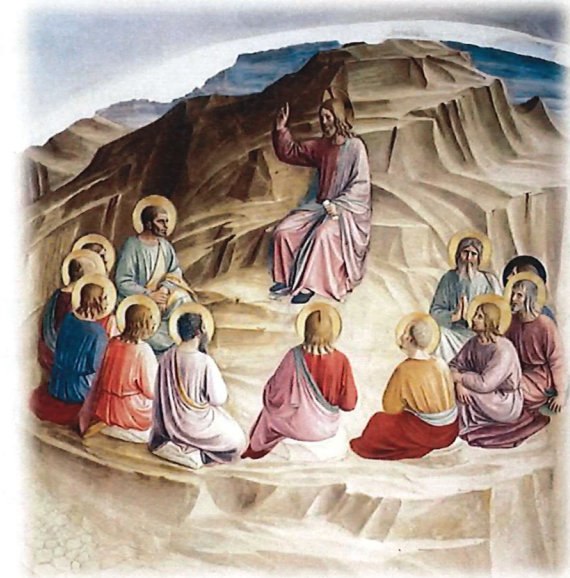
Weekday Mass: Monday, Wednesday, Thursday, Friday - 7:15 a.m.  
Tuesday - 7:30 p.m.  
First Friday - 9:00 a.m. and 7:30 p.m.  
Saturday and Holidays - 9:00 a.m.

Confessions: Saturdays: 8:30 - 8:55 a.m. and following the 9:00 Mass;  
4:00 - 4:30 p.m. and following the evening Mass.

Baptisms: By appointment. Held on Sundays at 1:15 p.m.

Marriage: Please contact Monsignor Rossi at least 6 months in advance.

Parish School: Principal: Mrs. Elaine Grant  
Secretary: Mrs. Jodi De Julius Phone: (604) 526-9768



*"Blessed are the poor in spirit, for theirs is the kingdom of God."*

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## WEEK AT A GLANCE

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### Feb 2 Monday

❖ The Presentation of the Lord  
7:00 a.m. Lauds  
7:15 a.m. Mass

### Feb 3 Tuesday

1:00 p.m. Ladies Auxiliary Meeting  
7:00 p.m. Rosary for the Sick  
7:30 p.m. Mass

### Feb 4 Wednesday

7:00 a.m. Lauds  
7:15 a.m. Mass  
7:00 p.m. PREP  
7:00 p.m. Priest/Parent/Teacher Meeting  
re: First Holy Communion

### Feb 5 Thursday

❖ Saint Agatha, virgin, martyr  
7:00 a.m. Lauds  
7:15 a.m. Mass  
7:00 p.m. Adult Catechism  
7:00 p.m. Choir practice

### Feb 6 First Friday

❖ Saint Paul Miki and Companions,  
martyrs  
9:00 a.m. School Mass  
10:00 a.m. - 7:00 p.m. Adoration  
7:00 p.m. Confessions  
7:30 p.m. Mass

### Feb 7 Saturday

9:00 a.m. Mass  
9:30 a.m. Rosary for Peace

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## WELCOME

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If you are new to Saint Michael's or just visiting, we welcome you. If you would like to register in the parish, kindly pick up a registration card from the vestibule of the church, fill it out, and drop it in the collection basket. If you would like a set of Sunday offering envelopes, please contact the parish office.

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## BC CATHOLIC

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The second collection this weekend is for the BC Catholic newspaper. Your donation helps to defray the cost of our parish blanket subscription. If you don't currently receive the BC Catholic and would like to, please mark your BC Catholic envelope with "NEW" and you will be added to our subscription list. Our monthly Parish Development collection is thus deferred to the second Sunday in February.

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## PANCAKE BREAKFAST

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This Sunday morning, February 1<sup>st</sup>, the Knights of Columbus are serving pancake breakfast in the school gymnasium after the 8:30 and 10:00 Masses, and everyone is welcome.

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## HOLY FATHER'S PRAYER INTENTION FOR FEBRUARY

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Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

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## THANK YOU

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We welcome and thank Father Ephrem Kardouh and Father Jose Thomas for celebrating Mass with us this weekend.

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## REST IN PEACE

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Prayers are requested for the repose of the soul of Fay Louie, the mother of Kristine Louie of our parish, who died on January 25<sup>th</sup>. Eternal rest grant unto her, O Lord, and may perpetual light shine upon her. Please keep the family also in your prayers.

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## PRIEST/PARENT/TEACHER MEETING

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On Wednesday, February 4<sup>th</sup>, at 7:00 p.m., there will be a meeting in the school gymnasium for the parents of children who are preparing to receive their First Holy Communion. Then next Sunday, February 8<sup>th</sup>, the 8:30 Mass will be a Mass of preparation for those children and their families.

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## MEN'S BASKETBALL NIGHT

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Saint Michael's Parish Knights of Columbus are hosting another men's basketball night on Thursday, February 12<sup>th</sup> from 6:30 to 8:30 p.m. in the school gymnasium. Open to all men of the parish aged 18 and older, and all skill levels are welcome. Please see the poster in the vestibule for further information.

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## PARISH DIRECTORY

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### Parish Office:

Tuesday - Saturday: 9:00 a.m. – 5:00 p.m.

### PREP:

September - May: Wednesday at 7:00 p.m.  
PREP Co-ordinator: Samantha Hill  
Email: [CCD@smeschool.ca](mailto:CCD@smeschool.ca)

### Adult Catechism:

September - May: Thursday at 7:00 p.m. in the Parish Centre.

### Choir:

September - June: Thursday at 7:00 p.m.  
Contact: Tyler Mitchell (604) 671-7453

### Knights of Columbus:

September - June: 2<sup>nd</sup> Tuesday of the month, after evening Mass.  
Contact: Adrian Smith (604) 837-0897 or  
Email: [adrianerlesmith@gmail.com](mailto:adrianerlesmith@gmail.com)  
Suresh Perera (778) 889-3696  
Website: <http://www.kofc9246.org/>

### Ladies Auxiliary:

September - June: 1<sup>st</sup> Tuesday of the month at 1:00 p.m.  
Contact: Rosalyn Ogilvie (604) 420-6279

### Youth Group:

September - June: 1<sup>st</sup> Sunday of the month, 7:00 p.m. in the gym, and 3<sup>rd</sup> Saturday of the month, 7:00 p.m. Mass and social.  
Contact: Paul Roder  
Email: [YouthGroup@stmichaelsparish.ca](mailto:YouthGroup@stmichaelsparish.ca)