

PENITENTIAL DISCIPLINE OF THE CHURCH: These precepts apply: “Ash Wednesday and Good Friday are days of fast and abstinence.” “Fridays are days of abstinence, but Catholics may substitute special acts of charity or piety on this day.” The obligation stemming from these disciplines is a very serious one. The obligation to do penance comes from the Divine Law itself. However, special penitential days (Ash Wednesday, Good Friday, and all Fridays) are set aside so that Christians can join in a common observance of penance. The Law of abstinence is binding on everyone over the age of fourteen. Thus, on all Fridays we must abstain from meat, or substitute this with a significant act of piety or charity. The Law of fasting (Ash Wednesday and Good Friday) is binding on everyone over eighteen and under sixty. On these two days, in addition to abstaining from meat, we must eat only one full meal, two light meals, and no snacks.

PLEASE PRAY FOR THE SICK

Berta Arruda, Jaime Awa, Sylvia Baco, Don Baker, Alfredo Baldissera, Kay Blair, Andrew Blount, Tomas Bourassa, Julie Brown, June Buchan, Wendy Buchan, Megan Buenacruz, Kristi Burgon, Cynthia Caraan, Helen Cartier, Albina Cavaliere, Leonida Chaplin, Jenny Cheng, Robert & Theresa Cheng, Hershey Chow, Maria Correia, Jose Correia, James Cresswell, Owen Culpepper, Justin Darrah, David Dawson, Michael De Faria-Neves, Luigino De Paoli, Jeanie Deagle, Martino Demichina, Joyce Diemert, Christine Ermita, Arend Fernandez, Cecilia Ferreira, Terry Fitzgerald, Lloyd & Bernice Gerson, Robert Gierico, Victoria Gillespie, William Girard, Amy Goco, Linda Gorrie, Chung Eun & Jung Soo Han, Domingo & Violeta Hernandez, Chris Holmes, Dawn Horrocks, Kathy Horrocks, Noelle Horrocks, Bogumil Iwan, Travis Jack, Martina Javerina-Barbour, Bronwyn Jones, Herta Kemnitz, Susan Kent, Alfred Kerr, Josephine Kerr, Lisa Kerr, Kimberly Lam, Leslie Larden, Fr. Joseph Thoai Le, Paul Levy, Chuk Ming Lo, Msgr. Dennis Luterbach, Erin Mackay, Lia Macri, Joselito Manrique, Carol March, Ray Marchand, Connie McLellan, Julie McNeil, Peggy MacDonald, Shirley Mhur, Peggy Mrazek, Kwong-Lung Mui, Albin Naliath, Martha Nguyen, Rosemary Nicholson, Jim O’Brien, Eileen O’Riordan, Lillian Pasin, Phil Petrie, Terry Phillips, Naomi Piñeda, Bernadeth Recinto, Insoon Roh, Fr. Vittorio Scomparin, Manfred Schunck, Richard Seganfredo, Stephen Smith, Walter Sporer, Stacey Stalhem, Janet Stead, Theresa Stobbs, Ian Stockdale, Gen Sykes, Sigi Ullrich, Dominic Vu, Christina Wee, Isabel Wodtke, Cindy Woo, Heather Wright, Aida Yopez, Henry Zilkowsky, and all the sick of whom we do not know. Mary, Health of the Sick, pray for us.

Parish of Saint Michael the Archangel

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PASTOR: Monsignor Bernard Rossi, P.H., J.C.D.
ASSISTANT PASTOR: Father Thomas Paickattu, CMI
PARISH SECRETARY: Mrs. Sharon Gauvin

PALM SUNDAY, APRIL 13, 2025

Sunday Mass: Saturday (anticipated) 7:00 p.m.
Sunday - 8:30 a.m., 10:00 a.m., 12 noon, 5:00 p.m.
Weekday Mass: Monday, Wednesday, Thursday, Friday - 7:15 a.m.
Tuesday - 7:30 p.m.
School Fridays - 9:00 a.m.
Saturday and Holidays - 9:00 a.m.
Confessions: Saturdays: 8:30 - 8:55 a.m. and following the 9:00 Mass;
4:00 - 4:30 p.m. and following the evening Mass.
Baptisms: By appointment. Held on Sundays at 1:15 p.m.
Marriage: Please contact Monsignor Rossi at least 4 months in advance.
Parish School: Principal: Mrs. Elaine Grant
Secretary: Mrs. Jodi De Julius Phone: (604) 526-9768



“Hosanna in the highest!”

WEEK AT A GLANCE

Apr 14 Monday

7:00 a.m. Lauds
7:15 a.m. Mass
7:00 p.m. Penitential Service

Apr 15 Tuesday

9:00 a.m. Stations of the Cross
7:10 p.m. Rosary for the Sick
7:30 p.m. Mass

Apr 16 Wednesday

7:00 a.m. Lauds
7:15 a.m. Mass
7:00 p.m. CCD

Apr 17 Holy Thursday

4:00 p.m. - 5:00 p.m. Confessions
6:30 p.m. Altar Servers' practice
7:30 p.m. Mass of the Lord's Supper
9:00 p.m. - 12:00 a.m. Adoration

Apr 18 Good Friday

10:00 a.m. - 11:00 a.m. Confessions
11:00 a.m. Stations of the Cross
1:30 p.m. Altar Servers' practice
3:00 p.m. Liturgy of the Lord's Passion

Apr 19 Holy Saturday

10:00 a.m. - 11:00 a.m. Confessions
11:00 a.m. Altar Servers' practice
4:00 p.m. - 5:00 p.m. Confessions
9:00 p.m. Solemn Easter Vigil Mass

Apr 20 Easter Sunday

8:30 a.m. Mass
10:00 a.m. Mass
12:00 p.m. Mass
5:00 p.m. Mass

LENTEN DEVOTIONS

This afternoon at 4:00 is your final opportunity to join in praying Vespers, followed by Benediction of the Blessed Sacrament. Everyone is encouraged to attend.

SCHEDULE OF PENITENTIAL SERVICES AND EASTER LITURGIES

At the back of the church are copies of the schedule of Lenten penitential services in our area. Our own penitential service is on Monday, April 14th at 7:00 p.m., with several priests available to hear confessions. Also on the schedule you will find information about extra confession times at Saint Michael's, altar servers' practices, and the Holy Week Liturgies. If you don't already have one, please take a copy home with you and keep it handy throughout this coming Holy Week.

NEEDS OF THE CHURCH IN THE HOLY LAND

This collection taken up on Good Friday is *"not only for the Holy Places but above all for those pastoral, charitable, educational, and social works which the Church supports in the Holy Land for the welfare of their Christian brethren and of the local communities."*

Saint Paul VI, Apostolic Exhortation
Nobis in Animo on the needs of the
Churches in the Holy Land

EASTER TRIDUUM

The Easter "Triduum"—Holy Thursday, Good Friday, and the Solemn Easter Vigil—encompasses the Mystery of our Faith and should be viewed as one indivisible Liturgy. If possible, you are encouraged to attend all three days. If you are attending the Vigil, you must be present from the beginning to fulfil the Sunday obligation.

REST IN PEACE

Funeral Mass for Zvonko Basic of our parish, who died on March 24th, will be celebrated at Saint Michael's on Tuesday, April 22nd at 11:00 a.m. For the repose of the soul of Herman Haffner of our parish, who died on April 4th, prayers will be offered in Saint Michael's Church on Wednesday, April 23rd at 7:00 p.m., followed by Mass of Christian Burial on Thursday, April 24th at 11:00 a.m. Please keep the families in your prayers.

ATTENTION: ALTAR SERVERS

A reminder to all altar servers (and their parents) that to serve at the Holy Week and Easter Liturgies, you **must** attend the respective practices.

COFFEE HOUR SCHEDULE

Thank you to those who volunteered to host the coffee hour, which will resume on Sunday, April 27th after the 10:00 Mass. Copies of the schedule are available in the vestibule.

PARISH DIRECTORY

Parish Office:

Tuesday - Saturday: 9:00 a.m. – 5:00 p.m.

Catechism:

September - May: Wednesday evening at 7:00
CCD Co-ordinator: Samantha Hill
Email: CCD@smeschool.ca

Adult Catechism:

September - May: Thursday evening at 7:00 in the Parish Centre.

Choir:

September - June: Thursday evening at 7:00
Contact: Tyler Mitchell (604) 671-7453

Knights of Columbus:

September - June: 2nd Tuesday of the month, after evening Mass.
Contact: Peter Au (604) 808-9882 or email peteraukofc@hotmail.com
Suresh Perera (778) 889-3696
Website: <http://www.kofc9246.org/>

Ladies Auxiliary:

September - June: 1st Tuesday of the month at 1:00 p.m.
Contact: Rosalyn Ogilvie (604) 420-6279

Youth Group:

September - June: 1st Sunday of the month, 7:00 p.m. in the gym, and 3rd Saturday of the month, 7:00 p.m. Mass and social.
Contact: Paul Roder
Email: st.mikes_youthgroup@hotmail.com