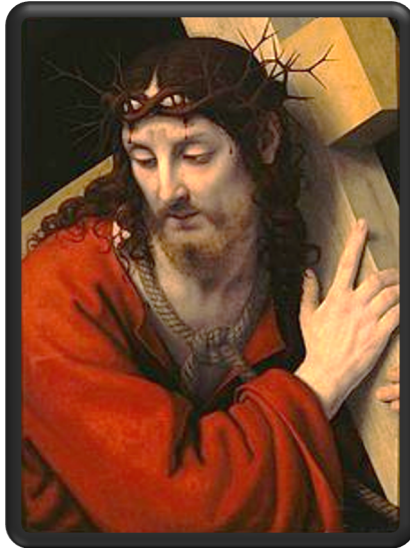


PENITENTIAL SERVICES FOR LENT 2025

Worthy reception of the Sacrament of God's forgiveness
is part of the "Easter duty" of every Catholic.



ALL SERVICES BEGIN AT 7 P.M.

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| Tuesday, April 1st: | Our Lady of Lourdes, Coquitlam |
| Wednesday, April 2nd: | Our Lady of the Assumption, Port Coquitlam |
| Thursday, April 3rd: | Our Lady of Mercy, Burnaby All Saints, Coquitlam |
| Tuesday, April 8th: | Saint Francis de Sales, Burnaby Our Lady of Fatima, Coquitlam |
| Wednesday, April 9th: | Holy Spirit, Queensborough Saint Clare, Coquitlam |
| Thursday, April 10th: | Saint Peter's, New Westminster |
| Monday, April 14th: | Saint Michael's, Burnaby |
| Tuesday, April 15th: | Saints Cyril and Methodius, New Westminster |

ADDITIONAL CONFESSION TIMES SCHEDULED AT SAINT MICHAEL'S:

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|-----------------------|--|
| Holy Thursday: | 4:00 – 5:00 p.m., and after the Mass of the Lord's Supper |
| Good Friday: | 10:00 – 11:00 a.m. |
| Holy Saturday: | 10:00 – 11:00 a.m., and 4:00 – 5:00 p.m. |

ALTAR SERVERS' PRACTICE SCHEDULE:

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|-------------------------|--|
| For Palm Sunday: | 10:00 a.m. on Saturday, April 12th |
| Holy Thursday: | 6:30 p.m. (Mass at 7:30 p.m.) |
| Good Friday: | 1:30 p.m. (Sacred Liturgy at 3:00 p.m.) |
| Holy Saturday: | 11:00 a.m. (Easter Vigil at 9:00 p.m.) |

***Altar servers must attend the practices to serve the Holy Week Liturgies.**

HOLY WEEK LITURGIES

HOLY THURSDAY: 7:30 p.m.



Mass of the Lord's Supper, followed by Adoration of the Blessed Sacrament until Midnight. This is a very special occasion of thanksgiving to Christ for the institution of the Eucharist and the Priesthood. Holy Communion will be distributed under both kinds.

GOOD FRIDAY:

Stations of the Cross: 11:00 a.m.

Sacred Liturgy: 3:00 p.m.

The Sacred Liturgy consists of four parts:

1. The Liturgy of the Word, with the reading of the Passion according to Saint John
2. The Solemn Prayers for all the needs of the Church and the world
3. The unveiling and veneration of the Cross
4. Holy Communion

HOLY SATURDAY: 9:00 p.m.

Because the Church is in mourning for the death of the Lord, there is no Liturgy until the Solemn Easter Vigil, which is in four parts:

1. The Service of Light, with the Blessing of the Fire and Easter Candle
2. The Liturgy of the Word, with readings from the Old and New Testaments
3. The Liturgy of Baptism, with the Blessing of the Baptismal Water, followed by the renewal of our baptismal promises, and the Baptism and Confirmation of the Catechumens
4. The Liturgy of the Eucharist

The Easter Vigil is the most important Liturgical function of the whole Church Year. Besides being a very impressive ceremony, it can also be a real instruction in the Faith. In fact, the whole "Triduum"—Holy Thursday, Good Friday, and the Vigil—encompasses the Mystery of our Faith and should be viewed as one indivisible Liturgy. If possible, one should attend on all three days. If you are attending the Vigil, you must be present from the beginning to fulfil the Sunday obligation.

EASTER SUNDAY:

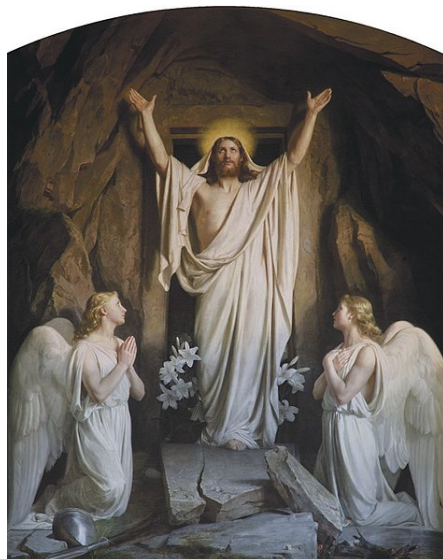
Mass times:

8:30 a.m.,

10:00 a.m.,

12 noon,

5:00 p.m.



To make your celebration of the Resurrection of the Lord more fruitful, you are encouraged to attend one of the Sunday Masses, in addition to the Vigil.