

PENITENTIAL DISCIPLINE OF THE CHURCH: These precepts apply: “Ash Wednesday and Good Friday are days of fast and abstinence.” “Fridays are days of abstinence, but Catholics may substitute special acts of charity or piety on this day.” The obligation stemming from these disciplines is a very serious one. The obligation to do penance comes from the Divine Law itself. However, special penitential days (Ash Wednesday, Good Friday, and all Fridays) are set aside so that Christians can join in a common observance of penance. The Law of abstinence is binding on everyone over the age of fourteen. Thus, on all Fridays we must abstain from meat, or substitute this with a significant act of piety or charity. The Law of fasting (Ash Wednesday and Good Friday) is binding on everyone over eighteen and under sixty. On these two days, in addition to abstaining from meat, we must eat only one full meal, two light meals, and no snacks.

PLEASE PRAY FOR THE SICK

Berta Arruda, Jaime Awa, Sylvia Baco, Don Baker, Alfredo Baldissera, Zvonko Basic, Kay Blair, Andrew Blount, Tomas Bourassa, Julie Brown, June Buchan, Wendy Buchan, Megan Buenacruz, Kristi Burgon, Cynthia Caraan, Helen Cartier, Albina Cavaliere, Leonida Chaplin, Jenny Cheng, Robert & Theresa Cheng, Hershey Chow, Maria Correia, Jose Correia, James Cresswell, Owen Culpepper, Justin Darrah, David Dawson, Michael De Faria-Neves, Luigino De Paoli, Jeanie Deagle, Martino Demichina, Joyce Diemert, Christine Ermita, Arend Fernandez, Cecilia Ferreira, Terry Fitzgerald, Lloyd & Bernice Gerson, Robert Gierico, Victoria Gillespie, William Girard, Amy Goco, Linda Gorrie, Herman Haffner, Chung Eun & Jung Soo Han, Domingo & Violeta Hernandez, Chris Holmes, Dawn Horrocks, Kathy Horrocks, Noelle Horrocks, Bogumil Iwan, Travis Jack, Martina Javerina-Barbour, Bronwyn Jones, Herta Kemnitz, Susan Kent, Alfred Kerr, Josephine Kerr, Lisa Kerr, Kimberly Lam, Leslie Larden, Fr. Joseph Thoai Le, Paul Levy, Chuk Ming Lo, Msgr. Dennis Luterbach, Erin Mackay, Lia Macri, Joselito Manrique, Carol March, Ray Marchand, Connie McLellan, Julie McNeil, Peggy MacDonald, Shirley Mhur, Peggy Mrazek, Kwong-Lung Mui, Albin Naliath, Martha Nguyen, Rosemary Nicholson, Jim O’Brien, Eileen O’Riordan, Lillian Pasin, Phil Petrie, Terry Phillips, Naomi Piñeda, Bernadeth Recinto, Insoon Roh, Fr. Vittorio Scomparin, Manfred Schunck, Richard Seganfreddo, Stephen Smith, Walter Sporer, Stacey Stalhem, Janet Stead, Theresa Stobbs, Ian Stockdale, Gen Sykes, Sigi Ullrich, Dominic Vu, Christina Wee, Isabel Wodtke, Cindy Woo, Heather Wright, Aida Yopez, Henry Zilkowsky, and all the sick of whom we do not know. Mary, Health of the Sick, pray for us.

Parish of Saint Michael the Archangel

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Email: Parish.Secretary@stmichaelsparish.ca



PASTOR: Monsignor Bernard Rossi, P.H., J.C.D.
ASSISTANT PASTOR: Father Thomas Paickattu, CMI
PARISH SECRETARY: Mrs. Sharon Gauvin

THIRD SUNDAY OF LENT, MARCH 23, 2025

Sunday Mass: Saturday (anticipated) 7:00 p.m.
Sunday - 8:30 a.m., 10:00 a.m., 12 noon, 5:00 p.m.

Weekday Mass: Monday, Wednesday, Thursday, Friday - 7:15 a.m.
Tuesday - 7:30 p.m.
School Fridays - 9:00 a.m.
Saturday and Holidays - 9:00 a.m.

Confessions: Saturdays: 8:30 - 8:55 a.m. and following the 9:00 Mass;
4:00 - 4:30 p.m. and following the evening Mass.

Baptisms: By appointment. Held on Sundays at 1:15 p.m.

Marriage: Please contact Monsignor Rossi at least 4 months in advance.

Parish School: Principal: Mrs. Elaine Grant
Secretary: Mrs. Jodi De Julius Phone: (604) 526-9768



“I AM WHO I AM.”

WEEK AT A GLANCE

Mar 24 Monday

7:00 a.m. Lauds

7:15 a.m. Mass

Mar 25 Tuesday

❖ The Annunciation of the Lord

7:10 p.m. Rosary for the Sick

7:30 p.m. Mass

Mar 26 Wednesday

7:00 a.m. Lauds

7:15 a.m. Mass

Mar 27 Thursday

7:00 a.m. Lauds

7:15 a.m. Mass

7:00 p.m. Adult Catechism

7:00 p.m. Choir Practice

Mar 28 Friday

9:00 a.m. Mass

7:00 p.m. Stations of the Cross

7:30 p.m. Mass

Mar 29 Saturday

9:00 a.m. Mass

9:30 a.m. Rosary for Vocations

LENTEN DEVOTIONS

On the Sundays of Lent, we celebrate Vespers followed by Benediction of the Blessed Sacrament at 4:00 p.m. in the church. On Lenten Fridays, Mass is celebrated at 9:00 a.m. and 7:30 p.m. The evening Mass is preceded by Stations of the Cross at 7:00. Please note that there is no 7:15 a.m. Mass on Fridays in Lent. pray also for her family.

FIRST SCRUTINY

At the 10:00 Mass this Third Sunday of Lent, we have the First Scrutiny of our catechumens. Please keep them in your prayers during these final weeks of their preparation for baptism.

40 DAYS FOR LIFE

Thank you to the Saint Michael's parishioners who took the time to pray at the 40 Days for Life campaign near BC Womens' Hospital on Tuesday, March 18th. We continue to pray for reverence for human life from conception to natural death.

FOOD BANK/ BOTTLE DROP-OFF

Next Sunday, March 30th, is designated Food Bank Sunday in our parish. Your empty refundable bottles and cans may be left outside the school gymnasium doors after the morning Masses.

WELCOME

We warmly welcome Father Thomas to our parish! We pray for him, that his time with us will be fruitful and rewarding. May God bless him in his ministry at Saint Michael's, and as part-time Chaplain to Royal Columbian Hospital.

REST IN PEACE

Prayers are requested for the repose of the soul of Paulo Neves' father, Renaldo Neves, who died on March 17th. Please keep the family also in your prayers.

JUBILEE PILGRIMAGE

In observance of the Jubilee Year of Hope, Saint Michael's Parish will be making a pilgrimage to Holy Rosary Cathedral on Saturday, April 5th. The pilgrimage will begin with a prayer and blessing outside Saint Michael's Church at 9:30 a.m. Pilgrims will then take Skytrain into Vancouver and meet in the vestibule of Holy Rosary Cathedral at 10:45 a.m. and enter through the Holy Door. The opportunity for Confessions will begin at 11:00, and the pilgrimage will conclude with the celebration of Mass in the Cathedral church at 12 noon. This pilgrimage takes the place of our annual Lenten retreat so all are encouraged to make the pilgrimage during this special Jubilee Year of Hope.

PARISH DIRECTORY

Parish Office:

Tuesday - Saturday: 9:00 a.m. – 5:00 p.m.

Catechism:

September - May: Wednesday evening at 7:00

CCD Co-ordinator: Samantha Hill

Email: CCD@smeschool.ca

Adult Catechism:

September - May: Thursday evening at 7:00 in the Parish Centre.

Choir:

September - June: Thursday evening at 7:00

Contact: Tyler Mitchell (604) 671-7453

Knights of Columbus:

September - June: 2nd Tuesday of the month, after evening Mass.

Contact: Peter Au (604) 808-9882 or email peteraukofc@hotmail.com

Suresh Perera (778) 889-3696

Website: <http://www.kofc9246.org/>

Ladies Auxiliary:

September - June: 1st Tuesday of the month at 1:00 p.m.

Contact: Rosalyn Ogilvie (604) 420-6279

Youth Group:

September - June: 1st Sunday of the month, 7:00 p.m. in the gym, and 3rd Saturday of the month, 7:00 p.m. Mass and social.

Contact: Paul Roder

Email: st.mikes_youthgroup@hotmail.com