

PENITENTIAL DISCIPLINE OF THE CHURCH: These precepts apply: “Ash Wednesday and Good Friday are days of fast and abstinence.” “Fridays are days of abstinence, but Catholics may substitute special acts of charity or piety on this day.” The obligation stemming from these disciplines is a very serious one. The obligation to do penance comes from the Divine Law itself. However, special penitential days (Ash Wednesday, Good Friday, and all Fridays) are set aside so that Christians can join in a common observance of penance. The Law of abstinence is binding on everyone over the age of fourteen. Thus, on all Fridays we must abstain from meat, or substitute this with a significant act of piety or charity. The Law of fasting (Ash Wednesday and Good Friday) is binding on everyone over eighteen and under sixty. On these two days, in addition to abstaining from meat, we must eat only one full meal, two light meals, and no snacks.

PLEASE PRAY FOR THE SICK

Berta Arruda, Jaime Awa, Sylvia Baco, Don Baker, Alfredo Baldissera, Zvonko Basic, Kay Blair, Andrew Blount, Tomas Bourassa, Julie Brown, June Buchan, Wendy Buchan, Megan Buenacruz, Kristi Burgon, Cynthia Caraan, Helen Cartier, Albina Cavaliere, Leonida Chaplin, Jenny Cheng, Robert & Theresa Cheng, Hershey Chow, Maria Correia, Jose Correia, James Cresswell, Owen Culpepper, Justin Darrah, David Dawson, Michael De Faria-Neves, Luigino De Paoli, Jeanie Deagle, Martino Demichina, Joyce Diemert, Christine Ermita, Arend Fernandez, Cecilia Ferreira, Terry Fitzgerald, Lloyd & Bernice Gerson, Robert Gierico, Victoria Gillespie, William Girard, Amy Goco, Linda Gorrie, Herman Haffner, Chung Eun & Jung Soo Han, Domingo & Violeta Hernandez, Chris Holmes, Dawn Horrocks, Kathy Horrocks, Noelle Horrocks, Bogumil Iwan, Travis Jack, Martina Javerina-Barbour, Bronwyn Jones, Herta Kemnitz, Susan Kent, Alfred Kerr, Josephine Kerr, Lisa Kerr, Kimberly Lam, Leslie Larden, Fr. Joseph Thoai Le, Paul Levy, Chuk Ming Lo, Msgr. Dennis Luterbach, Erin Mackay, Lia Macri, Joselito Manrique, Carol March, Ray Marchand, Connie McLellan, Julie McNeil, Peggy MacDonald, Shirley Mhur, Peggy Mrazek, Kwong-Lung Mui, Albin Naliath, Martha Nguyen, Rosemary Nicholson, Jim O’Brien, Eileen O’Riordan, Lillian Pasin, Phil Petrie, Terry Phillips, Naomi Piñeda, Bernadeth Recinto, Insoon Roh, Fr. Vittorio Scomparin, Manfred Schunck, Richard Seganfredo, Stephen Smith, Walter Sporer, Stacey Stalhem, Janet Stead, Theresa Stobbs, Ian Stockdale, Gen Sykes, Sigi Ullrich, Dominic Vu, Christina Wee, Isabel Wodtke, Cindy Woo, Heather Wright, Aida Yopez, Henry Zilkowsky, and all the sick of whom we do not know. Mary, Health of the Sick, pray for us.

Parish of Saint Michael the Archangel

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Email: Parish.Secretary@stmichaelsparish.ca



PASTOR: Monsignor Bernard Rossi, P.H., J.C.D.
ASSISTANT PASTOR: Father Rodney Nootebos
PARISH SECRETARY: Mrs. Sharon Gauvin

EIGHTH SUNDAY IN ORDINARY TIME, MARCH 2, 2025

Sunday Mass: Saturday (anticipated) 7:00 p.m.
Sunday - 8:30 a.m., 10:00 a.m., 12 noon, 5:00 p.m.

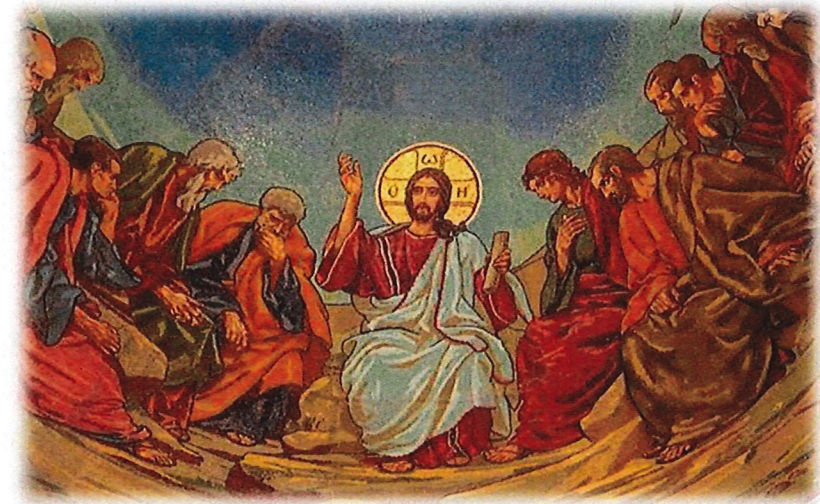
Weekday Mass: Monday, Wednesday, Thursday, Friday - 7:15 a.m.
Tuesday - 7:30 p.m.
School Fridays - 9:00 a.m.
Saturday and Holidays - 9:00 a.m.

Confessions: Saturdays: 8:30 - 8:55 a.m. and following the 9:00 Mass;
4:00 - 4:30 p.m. and following the evening Mass.

Baptisms: By appointment. Held on Sundays at 1:15 p.m.

Marriage: Please contact Monsignor Rossi at least 4 months in advance.

Parish School: Principal: Mrs. Elaine Grant
Secretary: Mrs. Jodi De Julius Phone: (604) 526-9768



“Out of the good treasure of the heart, the good person produces good.”

WEEK AT A GLANCE

Mar 3 Monday

7:00 a.m. Lauds
7:15 a.m. Mass

Mar 4 Tuesday

1:00 p.m. Ladies Auxiliary Meeting
7:10 p.m. Rosary for the Sick
7:30 p.m. Mass

Mar 5 Ash Wednesday

7:00 a.m. Lauds
7:15 a.m. Mass
9:00 a.m. School Mass
7:00 p.m. CCD
7:30 p.m. Mass



Mar 6 Thursday

7:00 a.m. Lauds
7:15 a.m. Mass
7:00 p.m. Adult Catechism
7:00 p.m. Choir Practice

Mar 7 First Friday

9:00 a.m. School Mass
10:00 a.m. – 6:30 p.m. Adoration
6:30 p.m. Confessions
7:00 p.m. Stations of the Cross
7:30 p.m. Mass

Mar 8 Saturday

9:00 a.m. Mass
9:30 a.m. Rosary for Vocations

LENT

In this season, we should practice the traditional forms of penance: fasting, abstinence from meat and luxuries, almsgiving, and prayer. In almsgiving we set aside for the needs of the Church and the poor, the savings we realize by our fast and abstinence. In prayer we keep all this observance directed towards God.

ASH WEDNESDAY

Wednesday of this week is Ash Wednesday, a day of fast and abstinence. Mass and imposition of ashes will be at 7:15 and 9:00 a.m., and 7:30 p.m.

LENTEN DEVOTIONS

On the Sundays of Lent, we celebrate Vespers followed by Benediction of the Blessed Sacrament at 4:00 p.m. in the church. On Lenten Fridays, Mass is celebrated at 9:00 a.m. and 7:30 p.m. The evening Mass is preceded by Stations of the Cross at 7:00. Please note that there is no 7:15 a.m. Mass on Fridays in Lent.

PARISH DEVELOPMENT COLLECTION

The second collection this weekend is for our parish building fund. Thank you for your donations.

SAINT JOSEPH SOCIETY

This annual collection, for the needs of infirm and retired priests, will be taken up next weekend. Please show your gratitude for the priests of our Archdiocese by your generosity.

BAPTISMS

We welcome Solomon Linken Cheng, baptized today.

PANCAKE BREAKFAST

The Knights of Columbus are serving pancake breakfast in the school gymnasium this morning after the 8:30 and 10:00 Masses. We hope that you will take time to enjoy a hot breakfast in the company of fellow parishioners.

FIRST FRIDAY

Friday, March 7th, is First Friday. Mass will be celebrated at 9:00 a.m. and 7:30 p.m. Adoration of the Blessed Sacrament will commence following morning Mass and conclude at 6:30 p.m., when confessions will be heard. A sign-up sheet for Adoration is posted in the vestibule of the church so that we can ensure that at no time is Our Lord left unattended.

INCOME TAX RECEIPTS

This is the final weekend that the 2024 income tax receipts for your donations to Saint Michael's Parish and Project Advance will be available for pick up from the vestibule of the church. If you have not yet retrieved yours, please do so and save the parish the cost of having to mail it to you.

DAYLIGHT SAVING TIME

Daylight saving time begins next Sunday, March 9th, at 2:00 a.m. Please remember to move your clock forward one hour!

PARISH DIRECTORY

Parish Office:

Tuesday - Saturday: 9:00 a.m. – 5:00 p.m.

Catechism:

September - May: Wednesday evening at 7:00

CCD Co-ordinator: Samantha Hill

Email: CCD@smeschool.ca

Adult Catechism:

September - May: Thursday evening at 7:00 in the Parish Centre.

Choir:

September - June: Thursday evening at 7:00

Contact: Tyler Mitchell (604) 671-7453

Knights of Columbus:

September - June: 2nd Tuesday of the month, after evening Mass.

Contact: Peter Au (604) 808-9882 or email peteraukofc@hotmail.com

Suresh Perera (778) 889-3696

Website: <http://www.kofc9246.org/>

Ladies Auxiliary:

September - June: 1st Tuesday of the month at 1:00 p.m.

Contact: Rosalyn Ogilvie (604) 420-6279

Youth Group:

September - June: 1st Sunday of the month, 7:00 p.m. in the gym, and 3rd Saturday of the month, 7:00 p.m. Mass and social.

Contact: Paul Roder

Email: st.mikes_youthgroup@hotmail.com