

PENITENTIAL DISCIPLINE OF THE CHURCH: These precepts apply: "Ash Wednesday and Good Friday are days of fast and abstinence." "Fridays are days of abstinence, but Catholics may substitute special acts of charity or piety on this day." The obligation stemming from these disciplines is a very serious one. The obligation to do penance comes from the Divine Law itself. However, special penitential days (Ash Wednesday, Good Friday, and all Fridays) are set aside so that Christians can join in a common observance of penance. The Law of abstinence is binding on everyone over the age of fourteen. Thus, on all Fridays we must abstain from meat, or substitute this with a significant act of piety or charity. The Law of fasting (Ash Wednesday and Good Friday) is binding on everyone over eighteen and under sixty. On these two days, in addition to abstaining from meat, we must eat only one full meal, two light meals, and no snacks.

PLEASE PRAY FOR THE SICK

Berta Arruda, Jaime Awa, Sylvia Baco, Don Baker, Alfredo Baldissera, Zvonko Basic, Kay Blair, Andrew Blount, Tomas Bourassa, Julie Brown, June Buchan, Wendy Buchan, Megan Buenacruz, Kristi Burgon, Cynthia Caraan, Helen Cartier, Albina Cavaliere, Leonida Chaplin, Jenny Cheng, Robert & Theresa Cheng, Hershey Chow, Maria Correia, Jose Correia, Pedro Paulo Freitas Costa, James Cresswell, Owen Culpepper, Justin Darrah, David Dawson, Michael De Faria-Neves, Luigino De Paoli, Jeanie Deagle, Martino Demichina, Christine Ermita, Arend Fernandez, Cecilia Ferreira, Hélène Fournier, Lloyd & Bernice Gerson, Robert Gierico, Victoria Gillespie, William Girard, Amy Goco, Linda Gorrie, Chung Eun & Jung Soo Han, Domingo & Violeta Hernandez, Dawn Horrocks, Kathy Horrocks, Noelle Horrocks, Bogumil Iwan, Travis Jack, Bronwyn Jones, Herta Kemnitz, Caterina Kennedy, Susan Kent, Josephine Kerr, Lisa Kerr, Kimberly Lam, Leslie Larden, Fr. Joseph Thoai Le, Paul Levy, Chuk Ming Lo, Erin Mackay, Lia Macri, Joselito Manrique, Stan & Carol March, Phyllis Marchand, Jamie McCloskey, Connie McLellan, Julie McNeil, Peggy MacDonald, Shirley Mhur, Peggy Mrazek, Kwong-Lung Mui, Martha Nguyen, Rosemary Nicholson, Fr. Augustine Obiwumma, Jim O'Brien, Eileen O'Riordan, Violeta Pagtakhon, Terry Phillips, Naomi Piñeda, Bernadeth Recinto, Insoon Roh, Manfred Schunck, Richard Seganfreddo, Stephen Smith, Walter Sporer, Stacey Stalhem, Janet Stead, Theresa Stobbs, Ian Stockdale, Gen Sykes, Sigi Ullrich, Barbara Waller, Christina Wee, Isabel Wodtke, Cindy Woo, Heather Wright, Aida Yopez, Henry Zilkowsky, and all the sick of whom we do not know. Mary, Health of the Sick, pray for us.

Parish of Saint Michael the Archangel

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PASTOR: Monsignor Bernard Rossi, P.H., J.C.D.
 PARISH SECRETARY: Mrs. Sharon Gauvin

PALM SUNDAY OF THE PASSION OF THE LORD, MARCH 24, 2024

Sunday Mass: Saturday (anticipated) 7:00 p.m.
 Sunday - 8:30 a.m., 10:00 a.m., 12 noon, 5:00 p.m.
 Weekday Mass: Monday, Wednesday, Thursday, Friday - 7:15 a.m.
 Tuesday - 7:30 p.m.
 School Fridays - 9:00 a.m.
 Saturday and Holidays - 9:00 a.m.
 Confessions: Saturdays: 8:30 - 8:55 a.m. and following the 9:00 Mass;
 4:00 - 4:30 p.m. and following the evening Mass.
 Baptisms: By appointment. Held on Sundays at 1:15 p.m.
 Marriage: Please contact Monsignor Rossi at least 4 months in advance.
 Parish School: Principal: Mrs. Elaine Grant
 Secretary: Mrs. Jodi De Julius Phone: (604) 526-9768



"Hosanna in the highest!"

WEEK AT A GLANCE

Mar 25 Monday

7:00 a.m. Lauds
7:15 a.m. Mass
7:00 p.m. Penitential Service

Mar 26 Tuesday

7:10 p.m. Rosary for the Sick
7:30 p.m. Mass

Mar 27 Wednesday

7:00 a.m. Lauds
7:15 a.m. Mass

Mar 28 Holy Thursday

4:00 p.m. – 5:00 p.m. Confessions
6:30 p.m. Altar Servers' Practice
7:30 p.m. Mass of the Lord's Supper

Mar 29 Good Friday

10:00 a.m. – 11:00 a.m. Confessions
11:00 a.m. Stations of the Cross
1:30 p.m. Altar Servers' Practice
3:00 p.m. Liturgy of the Lord's Passion

Mar 30 Holy Saturday

10:00 a.m. – 11:00 a.m. Confessions
11:00 a.m. Altar Servers' Practice
4:00 p.m. – 5:00 p.m. Confessions
9:00 p.m. Solemn Easter Vigil Mass

LENTEN DEVOTIONS

This afternoon at 4:00 is your final opportunity to join in Vespers followed by Benediction of the Blessed Sacrament. Everyone is encouraged to attend.

SCHEDULE OF PENITENTIAL SERVICES AND EASTER LITURGIES

At the back of the church are copies of the schedule of Lenten penitential services in our area. Our own penitential service is on Monday, March 25th at 7:00 p.m., with seven priests available to hear confessions. Also on the schedule you will find information about extra confession times at Saint Michael's, altar servers' practices, and the Holy Week Liturgies. If you don't already have one, please take a copy of the schedule home with you and keep it handy for reference throughout this coming Holy Week.

NEEDS OF THE CHURCH IN THE HOLY LAND

This collection taken up on Good Friday is *"not only for the Holy Places but above all for those pastoral, charitable, educational, and social works which the Church supports in the Holy Land for the welfare of their Christian brethren and of the local communities."*

Saint Paul VI, Apostolic Exhortation
Nobis in Animo on the needs of the
Churches in the Holy Land

CONGRATULATIONS

Prayerful best wishes to Eddie Tran and Katherine Go who were married in Saint Michael's Church on Saturday, March 16th.

BAPTISMS

We welcome Arian Singh Cruz-Pawar baptized on Sunday, March 17th.

COFFEE HOUR SCHEDULE

There are two spaces yet to be filled on the coffee hour schedule. Please sign the sheet in the vestibule to be a host.

ATTENTION:

ALTAR SERVERS

A reminder to all altar servers (and to their parents) that to serve at the Holy Week and Easter Liturgies, you **must** attend the respective practices.

BOTTLE DROP-OFF

Please note that the next bottle drop-off will be on Sunday, April 7th. (No drop-off on Easter Sunday!)

GOING FOR GOLD!

St. Michael's annual auction will be on Saturday, April 20th. Join the quest for gold by donating sports event tickets, small appliances, electronics, timeshare accommodation, bottles of wine or spirits, gift cards valued at \$25, \$50, and \$100. All donations gratefully accepted! Ticket sales for the auction will begin after Easter: \$20 for admission (adults only) including dinner. Save the date!

PARISH DIRECTORY

Parish Office:

Tuesday - Saturday: 9:00 a.m. – 5:00 p.m.

Catechism:

September - May: Wednesday evening at 7:00
CCD Co-ordinator: Samantha Hill
Email: CCD@smeschool.ca

Adult Catechism:

September - May: Thursday evening at 7:00
in the Parish Centre.

Choir:

September - June: Thursday evening at 7:00
Contact: Tyler Mitchell (604) 671-7453

Knights of Columbus:

September - June: 2nd Tuesday of the month,
after evening Mass
Contact: Peter Au (604) 808-9882 or email
peteraukofc@hotmail.com
Suresh Perera (778) 889-3696
Website: <http://www.kofc9246.org/>

Ladies Auxiliary:

September - June: 1st Tuesday of the month
at 1:00 p.m.
Contact: Rosalyn Ogilvie (604) 420-6279

Youth Group:

September - June: 1st Sunday of the month,
7:00 p.m. in the gym, and 3rd Saturday of the
month, 7:00 p.m. Mass and social.
Contact: Paul Roder
Email: st.mikes_youthgroup@hotmail.com