

**PENITENTIAL DISCIPLINE OF THE CHURCH:** These precepts apply: "Ash Wednesday and Good Friday are days of fast and abstinence." "Fridays are days of abstinence, but Catholics may substitute special acts of charity or piety on this day." The obligation stemming from these disciplines is a very serious one. The obligation to do penance comes from the Divine Law itself. However, special penitential days (Ash Wednesday, Good Friday, and all Fridays) are set aside so that Christians can join in a common observance of penance. The Law of abstinence is binding on everyone over the age of fourteen. Thus, on all Fridays we must abstain from meat, or substitute this with a significant act of piety or charity. The Law of fasting (Ash Wednesday and Good Friday) is binding on everyone over eighteen and under sixty. On these two days, in addition to abstaining from meat, we must eat only one full meal, two light meals, and no snacks.

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**PLEASE PRAY FOR THE SICK**

Berta Arruda, Jaime Awa, Sylvia Baco, Don Baker, Alfredo Baldissera, Zvonko Basic, Kay Blair, Andrew Blount, Tomas Bourassa, Julie Brown, June Buchan, Wendy Buchan, Megan Buenacruz, Kristi Burgon, Cynthia Caraan, Jules Carrier, Helen Cartier, Albina Cavaliere, Leonida Chaplin, Jenny Cheng, Robert & Theresa Cheng, Hershey Chow, Maria Correia, Jose Correia, Pedro Paulo Freitas Costa, James Cresswell, Owen Culpepper, Justin Darrah, David Dawson, Michael De Faria-Neves, Luigino De Paoli, Jeanie Deagle, Martino Demichina, Christine Ermita, Arend Fernandez, Cecilia Ferreira, Hélène Fournier, Lydia Gareau, Lloyd & Bernice Gerson, Robert Gierico, Victoria Gillespie, William Girard, Amy Goco, Linda Gorrie, Chung Eun & Jung Soo Han, Domingo & Violeta Hernandez, Dawn Horrocks, Kathy Horrocks, Noelle Horrocks, Bogumil Iwan, Travis Jack, Bronwyn Jones, Herta Kennitz, Caterina Kennedy, Susan Kent, Josephine Kerr, Lisa Kerr, Kimberly Lam, Leslie Larden, Fr. Joseph Thoai Le, Paul Levy, Chuk Ming Lo, Erin Mackay, Lia Macri, Joselito Manrique, Stan & Carol March, Phyllis Marchand, Jamie McCloskey, Connie McLellan, Julie McNeil, Peggy MacDonald, Shirley Mhur, Peggy Mrazek, Kwong-Lung Mui, Martha Nguyen, Rosemary Nicholson, Fr. Augustine Obiwumma, Jim O'Brien, Eileen O'Riordan, Violeta Pagtakhan, Terry Phillips, Naomi Piñeda, Bernadeth Recinto, Insoon Roh, Manfred Schunck, Richard Seganfreddo, Stephen Smith, Walter Sporer, Stacey Stalhem, Janet Stead, Theresa Stobbs, Ian Stockdale, Gen Sykes, Sigi Ullrich, Barbara Waller, Christina Wee, Isabel Wodtke, Cindy Woo, Heather Wright, Aida Yopez, Henry Zilkowsky, and all the sick of whom we do not know. Mary, Health of the Sick, pray for us.

**Parish of Saint Michael the Archangel**

9387 Holmes Street  
 Burnaby, BC V3N 4C3  
 Phone: (604) 521-3406  
 Website: [www.stmichaelsparish.ca](http://www.stmichaelsparish.ca)  
 Email: [Parish.Secretary@stmichaelsparish.ca](mailto:Parish.Secretary@stmichaelsparish.ca)



PASTOR: Monsignor Bernard Rossi, P.H., J.C.D.  
 PARISH SECRETARY: Mrs. Sharon Gauvin

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**SECOND SUNDAY OF LENT, FEBRUARY 25, 2024**

Sunday Mass: Saturday (anticipated) 7:00 p.m.  
 Sunday - 8:30 a.m., 10:00 a.m., 12 noon, 5:00 p.m.

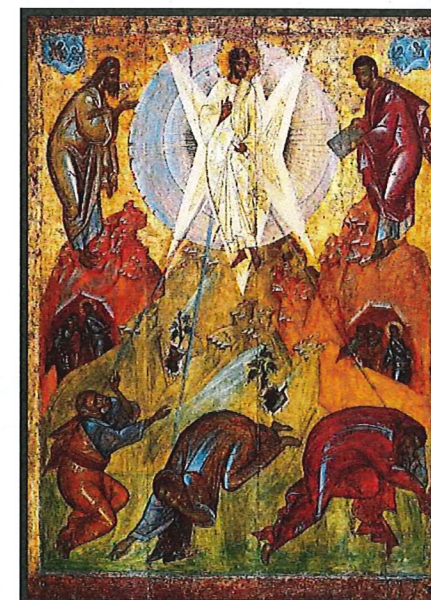
Weekday Mass: Monday, Wednesday, Thursday, Friday - 7:15 a.m.  
 Tuesday - 7:30 p.m.  
 School Fridays - 9:00 a.m.  
 Saturday and Holidays - 9:00 a.m.

Confessions: Saturdays: 8:30 - 8:55 a.m. and following the 9:00 Mass;  
 4:00 - 4:30 p.m. and following the evening Mass.

Baptisms: By appointment. Held on Sundays at 1:15 p.m.

Marriage: Please contact Monsignor Rossi at least 4 months in advance.

Parish School: Principal: Mrs. Elaine Grant  
 Secretary: Mrs. Jodi De Julius Phone: (604) 526-9768



*"This is my Son, the Beloved; listen to him!"*

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## WEEK AT A GLANCE

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### Feb 26 Monday

7:00 a.m. Lauds  
7:15 a.m. Mass

### Feb 27 Tuesday

7:10 p.m. Rosary for the Sick  
7:30 p.m. Mass

### Feb 28 Wednesday

7:00 a.m. Lauds  
7:15 a.m. Mass  
7:00 p.m. CCD  
7:00 p.m. Priest/Parent/Teacher meeting  
Re: First Holy Communion

### Feb 29 Thursday

7:00 a.m. Lauds  
7:15 a.m. Mass  
7:00 p.m. Choir practice  
7:00 p.m. Adult Catechism

### Mar 1 First Friday

9:00 a.m. Mass  
10:00 a.m. – 6:30 p.m. Adoration  
6:30 p.m. Confessions  
7:00 p.m. Stations of the Cross  
7:30 p.m. Mass

### Mar 2 Saturday

9:00 a.m. Mass  
9:30 a.m. Rosary for Vocations

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## LENTEN DEVOTIONS

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On the Sundays of Lent, we celebrate Vespers followed by Benediction of the Blessed Sacrament at 4:00 p.m. in the church. On Lenten Fridays, Mass is celebrated at 9:00 a.m. and 7:30 p.m. The evening Mass is preceded by Stations of the Cross at 7:00. Please note that there is no 7:15 a.m. Mass on Fridays in Lent.

### PRIEST/PARENT/TEACHER MEETING

On Wednesday, February 28<sup>th</sup> at 7:00 p.m., there will be a meeting in the school gymnasium for the parents of children who are preparing to receive their First Holy Communion. Then next Sunday morning, March 3<sup>rd</sup>, the 8:30 Mass will be a Mass of preparation for those children and their families.

### PANCAKE BREAKFAST

Next Sunday, March 3<sup>rd</sup>, the Knights of Columbus will be serving pancake breakfast in the school gymnasium after the 8:30 and 10:00 Masses. You are encouraged to take advantage of this opportunity to visit with fellow parishioners while supporting the Knights and enjoying a hot breakfast.

### PARISH DEVELOPMENT COLLECTION

There will be a second collection next weekend for our parish building fund.

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## BAPTISMS

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We welcome Asteria Rem Ferriols and Anna Kathleen Sergeev, baptized today.

### FIRST FRIDAY

Friday, March 1<sup>st</sup> is First Friday. Mass will be celebrated at 9:00 a.m. and 7:30 p.m. Adoration of the Blessed Sacrament will commence following morning Mass and conclude at 6:30 p.m., when confessions will be heard. A sign-up sheet for Adoration is posted in the vestibule of the church.

### LENTEN DAY OF RECOLLECTION

Father Médard Kamanzi will lead our Lenten Day of Recollection on Saturday, March 9<sup>th</sup>. The day will begin with Mass at 9:00 a.m. and conclude at 3:00 p.m.; lunch will be provided. Pre-registration is required so that adequate preparations can be made. A sign-up sheet is posted in the vestibule.

### INCOME TAX RECEIPTS

Please save the parish the cost of postage and kindly pick up your income tax receipt for your 2023 donations to Saint Michael's Parish and Project Advance. The receipts are available in the vestibule.

### PARISH FINANCIAL REPORT

Copies of Saint Michael's Parish 2023 Annual Report are available in the vestibule.

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## PARISH DIRECTORY

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### Parish Office:

Tuesday - Saturday: 9:00 a.m. – 5:00 p.m.

### Catechism:

September - May: Wednesday evening at 7:00  
CCD Co-ordinator: Samantha Hill  
Email: CCD@smeschool.ca

### Adult Catechism:

September - May: Thursday evening at 7:00  
in the Parish Centre.

### Choir:

September - June: Thursday evening at 7:00  
Contact: Tyler Mitchell (604) 671-7453

### Knights of Columbus:

September - June: 2<sup>nd</sup> Tuesday of the month,  
after evening Mass  
Contact: Peter Au (604) 808-9882 or email  
peteraukofc@hotmail.com  
Suresh Perera (778) 889-3696  
Website: <http://www.kofc9246.org/>

### Ladies Auxiliary:

September - June: 1<sup>st</sup> Tuesday of the month  
at 1:00 p.m.  
Contact: Rosalyn Ogilvie (604) 420-6279

### Youth Group:

September - June: 1<sup>st</sup> Sunday of the month,  
7:00 p.m. in the gym, and 3<sup>rd</sup> Saturday of the  
month, 7:00 p.m. Mass and social.  
Contact: Paul Roder  
Email: st.mikes\_youthgroup@hotmail.com