

PENITENTIAL DISCIPLINE OF THE CHURCH: These precepts apply: "Ash Wednesday and Good Friday are days of fast and abstinence." "Fridays are days of abstinence, but Catholics may substitute special acts of charity or piety on this day." The obligation stemming from these disciplines is a very serious one. The obligation to do penance comes from the Divine Law itself. However, special penitential days (Ash Wednesday, Good Friday, and all Fridays) are set aside so that Christians can join in a common observance of penance. The Law of abstinence is binding on everyone over the age of fourteen. Thus, on all Fridays we must abstain from meat, or substitute this with a significant act of piety or charity. The Law of fasting (Ash Wednesday and Good Friday) is binding on everyone over eighteen and under sixty. On these two days, in addition to abstaining from meat, we must eat only one full meal, two light meals, and no snacks.

PLEASE PRAY FOR THE SICK

Berta Arruda, Jaime Awa, Sylvia Baco, Don Baker, Alfredo Baldissera, Zvonko Basic, Kay Blair, Andrew Blount, Tomas Bourassa, Julie Brown, June Buchan, Wendy Buchan, Megan Buenacruz, Kristi Burgon, Cynthia Caraan, Jules Carrier, Helen Cartier, Albina Cavaliere, Leonida Chaplin, Jenny Cheng, Robert & Theresa Cheng, Hershey Chow, Maria Correia, Jose Correia, Pedro Paulo Freitas Costa, James Cresswell, Owen Culpepper, Justin Darrah, David Dawson, Michael De Faria-Neves, Luigino De Paoli, Jeanie Deagle, Martino Demichina, Christine Ermita, Arend Fernandez, Cecilia Ferreira, Hélène Fournier, Lydia Gareau, Lloyd & Bernice Gerson, Robert Gierico, Victoria Gillespie, William Girard, Amy Goco, Linda Gorrie, Chung Eun & Jung Soo Han, Domingo & Violeta Hernandez, Dawn Horrocks, Kathy Horrocks, Noelle Horrocks, Bogumil Iwan, Travis Jack, Bronwyn Jones, Herta Kemnitz, Caterina Kennedy, Susan Kent, Josephine Kerr, Lisa Kerr, Kimberly Lam, Leslie Larden, Fr. Joseph Thoai Le, Paul Levy, Chuk Ming Lo, Erin Mackay, Lia Macri, Joselito Manrique, Stan & Carol March, Phyllis Marchand, Jamie McCloskey, Connie McLellan, Julie McNeil, Peggy MacDonald, Shirley Mhur, Peggy Mrazek, Kwong-Lung Mui, Martha Nguyen, Rosemary Nicholson, Fr. Augustine Obiwumma, Jim O'Brien, Eileen O'Riordan, Violeta Pagtakhan, Terry Phillips, Naomi Piñeda, Bernadeth Recinto, Insoon Roh, Manfred Schunck, Richard Seganfreddo, Stephen Smith, Walter Sporer, Stacey Stalhem, Janet Stead, Theresa Stobbs, Ian Stockdale, Gen Sykes, Sigi Ullrich, Barbara Waller, Christina Wee, Isabel Wodtke, Cindy Woo, Heather Wright, Aida Yopez, Henry Zilkowsky, and all the sick of whom we do not know. Mary, Health of the Sick, pray for us.

Parish of Saint Michael the Archangel

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Website: www.stmichaelsparish.ca

Email: Parish.Secretary@stmichaelsparish.ca



PASTOR: Monsignor Bernard Rossi, P.H., J.C.D.

PARISH SECRETARY: Mrs. Sharon Gauvin

FIRST SUNDAY OF LENT, FEBRUARY 18, 2024

- Sunday Mass: Saturday (anticipated) 7:00 p.m.
Sunday - 8:30 a.m., 10:00 a.m., 12 noon, 5:00 p.m.
- Weekday Mass: Monday, Wednesday, Thursday, Friday - 7:15 a.m.
Tuesday - 7:30 p.m.
School Fridays - 9:00 a.m.
Saturday and Holidays - 9:00 a.m.
- Confessions: Saturdays: 8:30 - 8:55 a.m. and following the 9:00 Mass;
4:00 - 4:30 p.m. and following the evening Mass.
- Baptisms: By appointment. Held on Sundays at 1:15 p.m.
- Marriage: Please contact Monsignor Rossi at least 4 months in advance.
- Parish School: Principal: Mrs. Elaine Grant
Secretary: Mrs. Jodi De Julius Phone: (604) 526-9768



"The kingdom of God has come near; repent, and believe in the good news."

WEEK AT A GLANCE

Feb 19 Monday

BC Family Day Holiday

9:00 a.m. Mass

Feb 20 Tuesday

7:10 p.m. Rosary for the Sick

7:30 p.m. Mass

8:00 p.m. Parish Council Meeting

Feb 21 Wednesday

7:00 a.m. Lauds

7:15 a.m. Mass

7:00 p.m. CCD

Feb 22 Thursday

❖ Chair of Saint Peter, apostle

7:00 a.m. Lauds

7:15 a.m. Mass

7:00 p.m. Choir practice

7:00 p.m. Adult Catechism

Feb 23 Friday

9:00 a.m. Mass

7:00 p.m. Stations of the Cross

7:30 p.m. Mass

Feb 24 Saturday

9:00 a.m. Mass

9:30 a.m. Rosary for Vocations

LENTEN DEVOTIONS

On the Sundays of Lent, we celebrate Vespers followed by Benediction of the Blessed Sacrament at 4:00 p.m. in the church. On Lenten Fridays, Mass is celebrated at 9:00 a.m. and 7:30 p.m. The evening Mass is preceded by Stations of the Cross at 7:00. Please note that there is no 7:15 a.m. Mass on Fridays in Lent.

RITE OF ELECTION

At the 10:00 Mass this Sunday morning, we have the Rite of Election for those from our parish who wish to be baptized at Easter. Please keep our catechumens in your prayers during these final weeks of their preparation.

SAINT JOSEPH SOCIETY

This annual collection, for the needs of infirm and retired priests, will be taken up at all the Masses this weekend. Please show your gratitude to the priests of our Archdiocese by your generosity.

PARISH COUNCIL MEETING

There will be a meeting of Saint Michael's Parish Council on Tuesday, February 20th, immediately following the evening Mass. All parish organizations are asked to ensure that their designated representative will be in attendance.

PARISH FINANCIAL REPORT

Copies of Saint Michael's Parish 2023 Annual Report are available in the vestibule.

INCOME TAX RECEIPTS

If you have not yet done so, please pick up your income tax receipt for your 2023 donations to Saint Michael's Parish and Project Advance. Also, please advise the parish office if the mailing address on your income tax receipt needs to be updated.

FOOD BANK/ BOTTLE DROP-OFF

Next Sunday, being the last Sunday of the month, is designated Food Bank Sunday in our parish. Non-perishable food donations may be left in the box in the vestibule of the church. Our food bank is presently most in need of canned fruit and vegetables. Your empty refundable bottles and cans may be left outside the school gymnasium doors after the morning Masses. Thanks to your recent contributions to our bottle drop-off, Return-It issued a cheque to the parish for \$852.15 for our parish food bank. Your participation is very much appreciated!

BURSARY OPPORTUNITY

The Knights of Columbus BC and Yukon State Council has 14 Bishop Lobsinger, OMI, Memorial Bursaries available at \$1000 each for practicing Catholic students in post-secondary education. For further information please see the poster on the Knights of Columbus bulletin board in the vestibule of the church.

PARISH DIRECTORY

Parish Office:

Tuesday - Saturday: 9:00 a.m. – 5:00 p.m.

Catechism:

September - May: Wednesday evening at 7:00
CCD Co-ordinator: Samantha Hill
Email: CCD@smeschool.ca

Adult Catechism:

September - May: Thursday evening at 7:00
in the Parish Centre.

Choir:

September - June: Thursday evening at 7:00
Contact: Tyler Mitchell (604) 671-7453

Knights of Columbus:

September - June: 2nd Tuesday of the month,
after evening Mass
Contact: Peter Au (604) 808-9882 or email
peteraukofc@hotmail.com
Suresh Perera (778) 889-3696
Website: <http://www.kofc9246.org/>

Ladies Auxiliary:

September - June: 1st Tuesday of the month
at 1:00 p.m.
Contact: Rosalyn Ogilvie (604) 420-6279

Youth Group:

September - June: 1st Sunday of the month,
7:00 p.m. in the gym, and 3rd Saturday of the
month, 7:00 p.m. Mass and social.
Contact: Paul Roder
Email: st.mikes_youthgroup@hotmail.com