

PENITENTIAL DISCIPLINE OF THE CHURCH: These precepts apply: "Ash Wednesday and Good Friday are days of fast and abstinence." "Fridays are days of abstinence, but Catholics may substitute special acts of charity or piety on this day." The obligation stemming from these disciplines is a very serious one. The obligation to do penance comes from the Divine Law itself. However, special penitential days (Ash Wednesday, Good Friday, and all Fridays) are set aside so that Christians can join in a common observance of penance. The Law of abstinence is binding on everyone over the age of fourteen. Thus, on all Fridays we must abstain from meat, or substitute this with a significant act of piety or charity. The Law of fasting (Ash Wednesday and Good Friday) is binding on everyone over eighteen and under sixty. On these two days, in addition to abstaining from meat, we must eat only one full meal, two light meals, and no snacks.

PLEASE PRAY FOR THE SICK

Berta Arruda, Jaime Awa, Sylvia Baco, Don Baker, Alfredo Baldissera, Zvonko Basic, Kay Blair, Andrew Blount, Tomas Bourassa, Julie Brown, June Buchan, Wendy Buchan, Megan Buenacruz, Kristi Burgon, Cynthia Caraan, Jules Carrier, Helen Cartier, Albina Cavaliere, Leonida Chaplin, Jenny Cheng, Robert & Theresa Cheng, Hershey Chow, Maria Correia, Jose Correia, Pedro Paulo Freitas Costa, James Cresswell, Owen Culpepper, Justin Darrah, David Dawson, Michael De Faria-Neves, Luigino De Paoli, Jeanie Deagle, Martino Demichina, Christine Ermita, Arend Fernandez, Cecilia Ferreira, Hélène Fournier, Lydia Gareau, Lloyd & Bernice Gerson, Robert Gierico, Victoria Gillespie, William Girard, Amy Goco, Linda Gorrie, Chung Eun & Jung Soo Han, Domingo & Violeta Hernandez, Dawn Horrocks, Kathy Horrocks, Noelle Horrocks, Bogumil Iwan, Travis Jack, Bronwyn Jones, Herta Kemnitz, Caterina Kennedy, Susan Kent, Josephine Kerr, Lisa Kerr, Kimberly Lam, Leslie Larden, Fr. Joseph Thoai Le, Paul Levy, Chuk Ming Lo, Erin Mackay, Lia Macri, Joselito Manrique, Stan & Carol March, Phyllis Marchand, Jamie McCloskey, Connie McLellan, Julie McNeil, Peggy MacDonald, Shirley Mhur, Peggy Mrazek, Kwong-Lung Mui, Martha Nguyen, Rosemary Nicholson, Fr. Augustine Obiwumma, Jim O'Brien, Eileen O'Riordan, Violeta Pagtakhan, Terry Phillips, Naomi Piñeda, Bernadeth Recinto, Insoon Roh, Manfred Schunck, Richard Seganfreddo, Stephen Smith, Walter Sporer, Stacey Stalhem, Janet Stead, Theresa Stobbs, Ian Stockdale, Gen Sykes, Sigi Ullrich, Barbara Waller, Christina Wee, Isabel Wodtke, Cindy Woo, Heather Wright, Aida Yepez, Henry Zilkowsky, and all the sick of whom we do not know. Mary, Health of the Sick, pray for us.

Parish of Saint Michael the Archangel

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Burnaby, BC V3N 4C3
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Email: Parish.Secretary@stmichaelsparish.ca



PASTOR: Monsignor Bernard Rossi, P.H., J.C.D.
PARISH SECRETARY: Mrs. Sharon Gauvin

SIXTH SUNDAY IN ORDINARY TIME, FEBRUARY 11, 2024

Sunday Mass: Saturday (anticipated) 7:00 p.m.
Sunday - 8:30 a.m., 10:00 a.m., 12 noon, 5:00 p.m.

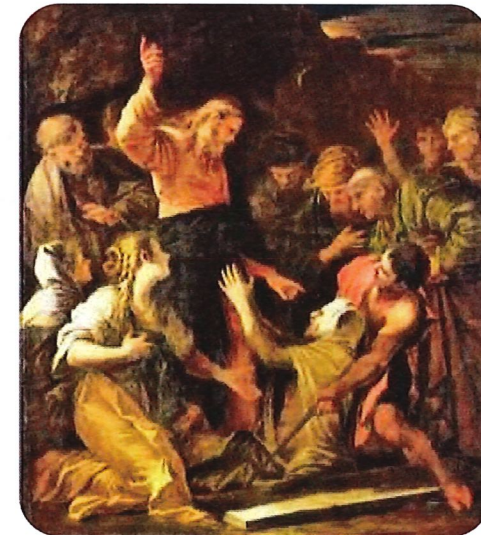
Weekday Mass: Monday, Wednesday, Thursday, Friday - 7:15 a.m.
Tuesday - 7:30 p.m.
School Fridays - 9:00 a.m.
Saturday and Holidays - 9:00 a.m.

Confessions: Saturdays: 8:30 - 8:55 a.m. and following the 9:00 Mass;
4:00 - 4:30 p.m. and following the evening Mass.

Baptisms: By appointment. Held on Sundays at 1:15 p.m.

Marriage: Please contact Monsignor Rossi at least 4 months in advance.

Parish School: Principal: Mrs. Elaine Grant
Secretary: Mrs. Jodi De Julius Phone: (604) 526-9768



*"Jesus stretched out his hand and touched him, and said to him,
'I do choose. Be made clean!'"*

WEEK AT A GLANCE

Feb 12 Monday

7:00 a.m. Lauds

7:15 a.m. Mass

11:00 a.m. Funeral of Fergus Savage

Feb 13 Tuesday

7:10 p.m. Rosary for the Sick

7:30 p.m. Mass

8:00 p.m. Knights of Columbus meeting

Feb 14 Ash Wednesday

7:00 a.m. Lauds

7:15 a.m. Mass

9:00 a.m. School Mass

7:00 p.m. CCD

7:30 p.m. Mass



Feb 15 Thursday

Saint Michael's School Closed

7:00 a.m. Lauds

7:15 a.m. Mass

7:00 p.m. Choir practice

7:00 p.m. Adult Catechism

Feb 16 Friday

Saint Michael's School Closed

9:00 a.m. Mass

7:00 p.m. Stations of the Cross

7:30 p.m. Mass

Feb 17 Saturday

9:00 a.m. Mass

9:30 a.m. Rosary for Vocations

LENT

In this season, we should practice the traditional forms of penance: fasting, abstinence from meat and luxuries, almsgiving, and prayer. In almsgiving we set aside for the needs of the Church and the poor, the savings we realize by our fast and abstinence. In prayer we keep all this observance directed towards God.

ASH WEDNESDAY

Wednesday of this week is Ash Wednesday, a day of fast and abstinence. Mass and imposition of ashes will be at 7:15 and 9:00 a.m., and 7:30 p.m.

LENTEN DEVOTIONS

On the Sundays of Lent, we celebrate Vespers followed by Benediction of the Blessed Sacrament at 4:00 p.m. in the church. On Lenten Fridays, Mass is celebrated at 9:00 a.m. and 7:30 p.m. The evening Mass is preceded by Stations of the Cross at 7:00. Please note that there is no 7:15 a.m. Mass on Fridays in Lent.

PARISH DEVELOPMENT COLLECTION

The second collection this weekend is for our parish building fund. Thank you for your participation and generosity.

PARISH COUNCIL MEETING

The next scheduled meeting of Saint Michael's Parish Council will be on Tuesday, February 20th, immediately following the evening Mass.

REST IN PEACE

Prayers will be offered at Saint Michael's for the repose of the soul of Fergus Savage this Sunday evening at 7:00, and Funeral Mass on Monday, February 12th at 11:00 a.m.

MARDI GRAS

Saint Michael's School is celebrating Mardi Gras on Monday, February 12th from 5:00 p.m. to 7:30 p.m. in the school gymnasium with food, games, and prizes. Everyone is invited to join in the celebration!

CATHOLIC EDUCATORS' CONFERENCE

Saint Michael's School will be closed on Thursday and Friday this week in observance of the annual Catholic Educators' Conference.

SAINT JOSEPH SOCIETY

This annual collection, for the needs of infirm and retired priests, will be taken up next weekend. Please show your gratitude to the priests of our Archdiocese by your generosity.

INCOME TAX RECEIPTS

If you have not yet done so, please pick up your income tax receipt for your 2023 donations to Saint Michael's Parish and Project Advance. Also, please advise the parish office if the mailing address on your income tax receipt needs to be updated.

HAPPY LUNAR NEW YEAR

Gong hei fat choy to all who celebrate the Lunar New Year! May the Year of the Dragon bring you all God's blessings.

PARISH DIRECTORY

Parish Office:

Tuesday - Saturday: 9:00 a.m. – 5:00 p.m.

Catechism:

September - May: Wednesday evening at 7:00
CCD Co-ordinator: Samantha Hill
Email: CCD@smeschool.ca

Adult Catechism:

September - May: Thursday evening at 7:00
in the Parish Centre.

Choir:

September - June: Thursday evening at 7:00
Contact: Tyler Mitchell (604) 671-7453

Knights of Columbus:

September - June: 2nd Tuesday of the month, after evening Mass
Contact: Peter Au (604) 808-9882 or email peteraukofc@hotmail.com
Suresh Perera (778) 889-3696
Website: <http://www.kofc9246.org/>

Ladies Auxiliary:

September - June: 1st Tuesday of the month at 1:00 p.m.
Contact: Rosalyn Ogilvie (604) 420-6279

Youth Group:

September - June: 1st Sunday of the month, 7:00 p.m. in the gym, and 3rd Saturday of the month, 7:00 p.m. Mass and social.
Contact: Paul Roder
Email: st.mikes_youthgroup@hotmail.com