

**PENITENTIAL DISCIPLINE OF THE CHURCH:** These precepts apply: “Ash Wednesday and Good Friday are days of fast and abstinence.” “Fridays are days of abstinence, but Catholics may substitute special acts of charity or piety on this day.” The obligation stemming from these disciplines is a very serious one. The obligation to do penance comes from the Divine Law itself. However, special penitential days (Ash Wednesday, Good Friday, and all Fridays) are set aside so that Christians can join in a common observance of penance. The Law of abstinence is binding on everyone over the age of fourteen. Thus, on all Fridays we must abstain from meat, or substitute this with a significant act of piety or charity. The Law of fasting (Ash Wednesday and Good Friday) is binding on everyone over eighteen and under sixty. On these two days, in addition to abstaining from meat, we must eat only one full meal, two light meals, and no snacks.

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### PLEASE PRAY FOR THE SICK

John Adu, Jaime Awa, Sylvia Baco, Don Baker, Kay Blair, Andrew Blount, Tomas Bourassa, Julie Brown, June Buchan, Wendy Buchan, Joe & Megan Buenacruz, Kristi Burgon, Cynthia Caraan, Jules Carrier, Helen Cartier, Albina Cavaliere, Leonida Chaplin, Jenny Cheng, Robert & Theresa Cheng, Elysha Chernosky, Stephanie Chew, Hershey Chow, Maria Correia, Jose Correia, Pedro Paulo Freitas Costa, Robert Costa, James Cresswell, Justin Darrah, David Dawson, Rita De Croos, Luigino De Paoli, Jeanie Deagle, Martino Demichina, David Dixon, Barbara Duralia, Frank Duralia, Christine Ermita, Anna Fabbro, Arend Fernandez, Cecilia Ferreira, Hélène Fournier, Lydia Gareau, Lloyd & Bernice Gerson, Robert Gierico, Victoria Gillespie, William Girard, Amy Goco, Linda Gorrie, Chung Eun & Jung Soo Han, Anthony Hee, Domingo & Violeta Hernandez, Dawn Horrocks, Kathy Horrocks, Noelle Horrocks, Bogumil Iwan, Travis Jack, Bronwyn Jones, Herta Kemnitz, Caterina Kennedy, Susan Kent, Josephine Kerr, Kevin Kerr, Lisa Kerr, Kimberly Lam, Leslie Larden, Fr. Joseph Thoai Le, Paul Levy, Chuk Ming Lo, Erin Mackay, Lia Macri, Stan & Carol March, Phyllis Marchand, Jamie McCloskey, Bruce McLean, Julie McNeil, Peggy MacDonald, Shirley Mhur, Marion Milton, Peggy Mrazek, Kwong-Lung Mui, Rosemary Nicholson, Jim O’Brien, Eileen O’Riordan, Anthony Patrick, Terry Phillips, Naomi Piñeda, Bernadeth Recinto, Eduardo Reyes, Insoon Roh, Fergus Savage, Manfred Schunck, Richard Seganfreddo, Winnie Sirec, Fred Sirec, Stephen Smith, Walter Sporer, Stacey Stalhem, Janet Stead, Ted Stewart, Theresa Stobbs, Ian Stockdale, Gen Sykes, Sigi Ullrich, Barbara Waller, Christina Wee, Anne Whittey, Jack Wilcock, Isabel Wodtke, Cindy Woo, Heather Wright, Aida Yepez, Henry Zilkowsky, Lloyd Zimmerman, and all the sick of whom we do not know. Mary, Health of the Sick, pray for us.

## Parish of Saint Michael the Archangel

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Burnaby, BC V3N 4C3  
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Email: [Parish.Secretary@stmichaelsparish.ca](mailto:Parish.Secretary@stmichaelsparish.ca)

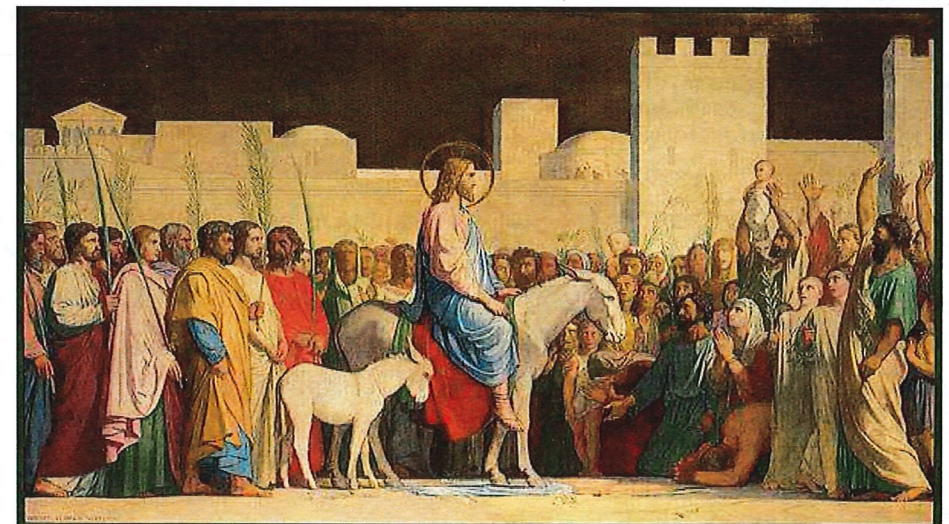


PASTOR: Monsignor Bernard Rossi, P.H., J.C.D.  
ASSISTANT PASTOR: Father DePaul Doan, C.S.J.B.  
PARISH SECRETARY: Mrs. Sharon Gauvin

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### PALM SUNDAY OF THE PASSION OF THE LORD, APRIL 2, 2023

Sunday Mass: Saturday (anticipated) 7:00 p.m.  
Sunday - 8:30 a.m., 10:00 a.m., 12 noon, 5:00 p.m.  
Weekday Mass: Monday, Wednesday, Thursday, Friday - 7:15 a.m.  
Tuesday - 7:30 p.m.  
School Fridays - 9:00 a.m.  
Saturday and Holidays - 9:00 a.m.  
Confessions: Saturdays: 8:30 - 8:55 a.m. and following the 9:00 Mass;  
4:00 - 4:30 p.m. and following the evening Mass.  
Baptisms: By appointment. Held on Sundays at 1:15 p.m.  
Marriage: Please contact Monsignor Rossi at least 4 months in advance.  
Parish School: Principal: Mrs. Elaine Grant  
Secretary: Mrs. Jodi De Julius Phone: (604) 526-9768



*“Blessed is the one who comes in the name of the Lord!”*



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## WEEK AT A GLANCE

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### Apr 3 Monday

7:00 a.m. Lauds

7:15 a.m. Mass

### Apr 4 Tuesday

1:00 p.m. Ladies Auxiliary Meeting

7:10 p.m. Rosary for the Sick

7:30 p.m. Mass

### Apr 5 Wednesday

7:00 a.m. Lauds

7:15 a.m. Mass

7:00 p.m. CCD

### Apr 6 Holy Thursday

4:00 pm. – 5:00 p.m. Confessions

6:30 p.m. Altar Servers' Practice

7:30 p.m. Mass of the Lord's Supper

### Apr 7 Good Friday

10:00 a.m. – 11:00 a.m. Confessions

11:00 a.m. Stations of the Cross

1:30 p.m. Altar Servers' Practice

3:00 p.m. Liturgy of the Lord's Passion

### Apr 8 Holy Saturday

10:00 – 11:00 a.m. Confessions

11:00 a.m. Altar Servers' Practice

4:00 p.m. – 5:00 p.m. Confessions

9:00 p.m. Solemn Easter Vigil Mass

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### ATTENTION: ALTAR SERVERS

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A reminder to all altar servers (and to their parents) that in order to serve at the Holy Week and Easter Liturgies, you **must** attend the respective practices.

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## LENTEN DEVOTIONS

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This afternoon at 4:00 is your final opportunity to join in Vespers followed by Benediction of the Blessed Sacrament. Everyone is encouraged to attend.

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### SCHEDULE OF PENITENTIAL SERVICES FOR LENT

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At the back of the church are copies of the schedule of Lenten penitential services in our area. Our own penitential service is at 7:00 this evening, April 2<sup>nd</sup>, with nine priests available to hear confessions. Also on the schedule you will find information about extra confession times at Saint Michael's, altar servers' practices, and the Holy Week Liturgies. If you don't already have a copy, please take one home with you and keep it handy for reference throughout this Holy Week.

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### PEC ELECTIONS

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Our Parish Education Committee elections will be held at the end of May. Those eligible to hold office must be practising Catholics over the age of 21, and who are approved by Father Rossi. If you are interested in standing for election or have any questions, please contact Anita Manalo at (604) 218-2855, or Jenny Finnegan at (778) 954-8473. Nomination forms will be available at both the school office and the parish office in the coming weeks.

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## PARISH DEVELOPMENT COLLECTION

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The second collection this weekend is for our parish building fund. Thank you for your generosity as we continue with the renovating and upgrading of our church.

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### NEEDS OF THE CHURCH IN THE HOLY LAND

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This collection taken up on Good Friday is "*not only for the Holy Places but above all for those pastoral, charitable, educational, and social works which the Church supports in the Holy Land for the welfare of their Christian brethren and of the local communities.*"

Saint Paul VI, Apostolic Exhortation  
*Nobis in Animo* on the needs of the  
Churches in the Holy Land

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### AUCTION

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Our annual Auction is the parish's largest fundraiser of the year! This year the Auction will be live and in person on Saturday, April 22<sup>nd</sup>.



Tickets for the auction will be available soon! One of the best ways to support the Auction is through donations. The Auction Committee is still looking for donations of gift cards, and bottles of wine and fine spirits. Check out the Facebook page for all the latest info:

<https://www.facebook.com/stmichaelsau ction/>

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## PARISH DIRECTORY

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### Parish Office:

Tuesday – Saturday: 9:00 a.m. – 5:00 p.m.

### Catechism:

September - May: Wednesday evening at 7:00

Contact: Claudia DeSimone (604) 522-2186

[claudia.desimone@stmichaelschool.ca](mailto:claudia.desimone@stmichaelschool.ca)

### Adult Catechism:

September - May: Thursday evening at 7:00

in the Parish Centre.

### Choir:

September - June: Thursday evening at 7:00

Contact: Tyler Mitchell (604) 671-7453

### Knights of Columbus:

2<sup>nd</sup> Tuesday of the month, after evening Mass.

Contact: Enrico Garrone (604) 540-8760, or Peter Au (604) 808-9882

Website: <http://www.kofc9246.org/>

### Ladies Auxiliary:

1<sup>st</sup> Tuesday of the month at 1:00 p.m.

Contact: Rosalyn Ogilvie (604) 420-6279

### Youth Group:

1<sup>st</sup> Sunday of the month, 7:00 p.m. in the gym

3<sup>rd</sup> Saturday of the month, 7:00 p.m. Mass and social. Contact: Paul Roder

email: [st.mikes\\_youthgroup@hotmail.com](mailto:st.mikes_youthgroup@hotmail.com)