

**PENITENTIAL DISCIPLINE OF THE CHURCH:** These precepts apply: “Ash Wednesday and Good Friday are days of fast and abstinence.” “Fridays are days of abstinence, but Catholics may substitute special acts of charity or piety on this day.” The obligation stemming from these disciplines is a very serious one. The obligation to do penance comes from the Divine Law itself. However, special penitential days (Ash Wednesday, Good Friday, and all Fridays) are set aside so that Christians can join in a common observance of penance. The Law of abstinence is binding on everyone over the age of fourteen. Thus, on all Fridays we must abstain from meat, or substitute this with a significant act of piety or charity. The Law of fasting (Ash Wednesday and Good Friday) is binding on everyone over eighteen and under sixty. On these two days, in addition to abstaining from meat, we must eat only one full meal, two light meals, and no snacks.

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### PLEASE PRAY FOR THE SICK

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John Adu, Jaime Awa, Sylvia Baco, Don Baker, Kay Blair, Andrew Blount, Tomas Bourassa, Julie Brown, June Buchan, Wendy Buchan, Joe & Megan Buenacruz, Kristi Burgon, Cynthia Caraan, Jules Carrier, Helen Cartier, Albina Cavaliere, Leonida Chaplin, Jenny Cheng, Robert & Theresa Cheng, Elysha Chernosky, Stephanie Chew, Hershey Chow, Maria Correia, Jose Correia, Pedro Paulo Freitas Costa, Robert Costa, James Cresswell, Justin Darrah, David Dawson, Rita De Croos, Luigino De Paoli, Jeanie Deagle, Martino Demichina, David Dixon, Barbara Duralia, Frank Duralia, Christine Ermita, Anna Fabbro, Arend Fernandez, Cecilia Ferreira, Hélène Fournier, Lydia Gareau, Lloyd & Bernice Gerson, Robert Gierico, Victoria Gillespie, William & Doris Girard, Amy Goco, Linda Gorrie, Chung Eun & Jung Soo Han, Anthony Hee, Domingo & Violeta Hernandez, Dawn Horrocks, Kathy Horrocks, Noelle Horrocks, Bogumil Iwan, Travis Jack, Bronwyn Jones, Herta Kemnitz, Caterina Kennedy, Susan Kent, Josephine Kerr, Kevin Kerr, Lisa Kerr, Kimberly Lam, Leslie Larden, Fr. Joseph Thoai Le, Paul Levy, Chuk Ming Lo, Erin Mackay, Lia Macri, Stan & Carol March, Phyllis Marchand, Jamie McCloskey, Bruce McLean, Julie McNeil, Peggy MacDonald, Shirley Mhur, Marion Milton, Peggy Mrazek, Kwong-Lung Mui, Rosemary Nicholson, Jim O’Brien, Eileen O’Riordan, Anthony Patrick, Terry Phillips, Naomi Piñeda, Bernadeth Recinto, Eduardo Reyes, Insoon Roh, Fergus Savage, Manfred Schunck, Richard Seganfreddo, Winnie Sirec, Fred Sirec, Stephen Smith, Walter Sporer, Stacey Stalhem, Janet Stead, Ted Stewart, Theresa Stobbs, Ian Stockdale, Gen Sykes, Sigi Ullrich, Barbara Waller, Christina Wee, Anne Whittey, Jack Wilcock, Isabel Wodtke, Cindy Woo, Heather Wright, Aida Yepez, Henry Zilkowsky, Lloyd Zimmerman, and all the sick of whom we do not know. Mary, Health of the Sick, pray for us.

## Parish of Saint Michael the Archangel

9387 Holmes Street  
Burnaby, BC V3N 4C3  
Phone: (604) 521-3406  
Website: [www.stmichaelsparish.ca](http://www.stmichaelsparish.ca)  
Email: [Parish.Secretary@stmichaelsparish.ca](mailto:Parish.Secretary@stmichaelsparish.ca)



PASTOR: Monsignor Bernard Rossi, P.H., J.C.D.  
ASSISTANT PASTOR: Father DePaul Doan, C.S.J.B.  
PARISH SECRETARY: Mrs. Sharon Gauvin

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### SECOND SUNDAY OF LENT, MARCH 5, 2023

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Sunday Mass: Saturday (anticipated) 7:00 p.m.  
Sunday - 8:30 a.m., 10:00 a.m., 12 noon, 5:00 p.m.  
Weekday Mass: Monday, Wednesday, Thursday, Friday - 7:15 a.m.  
Tuesday - 7:30 p.m.  
School Fridays - 9:00 a.m.  
Saturday and Holidays - 9:00 a.m.  
Confessions: Saturdays: 8:30 - 8:55 a.m. and following the 9:00 Mass;  
4:00 - 4:30 p.m. and following the evening Mass.  
Baptisms: By appointment. Held on Sundays at 1:15 p.m.  
Marriage: Please contact Monsignor Rossi at least 4 months in advance.  
Parish School: Principal: Mrs. Elaine Grant  
Secretary: Mrs. Jodi De Julius Phone: (604) 526-9768



*“This is my Son, the Beloved; with him I am well pleased; listen to him!”*

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## WEEK AT A GLANCE

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### Mar 6 Monday

7:00 a.m. Lauds

7:15 a.m. Mass

### Mar 7 Tuesday

1:00 p.m. Ladies Auxiliary Meeting

7:10 p.m. Rosary for the Sick

7:30 p.m. Mass

### Mar 8 Wednesday

7:00 a.m. Lauds

7:15 a.m. Mass

7:00 p.m. CCD

### Mar 9 Thursday

7:00 a.m. Lauds

7:15 a.m. Mass

7:00 p.m. Choir Practice

7:00 p.m. Adult Catechism

### Mar 10 Friday

9:00 a.m. School Mass (Gymnasium)

7:00 p.m. Stations of the Cross

7:30 p.m. Mass

### Mar 11 Saturday

9:00 a.m. Mass

9:30 a.m. Rosary for Vocations

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## DAYLIGHT SAVING TIME

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Next Sunday, March 12<sup>th</sup>, Daylight Saving Time begins. Please remember to turn your clocks ahead one hour or you may find yourself late for Mass on Sunday!

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## LENTEN DEVOTIONS

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On the Sundays of Lent, we celebrate Vespers followed by Benediction of the Blessed Sacrament at 4:00 p.m. in the church. On Lenten Fridays, Mass is celebrated at 9:00 a.m. and 7:30 p.m. The evening Mass is preceded by Stations of the Cross at 7:00. Please note that there is no 7:15 a.m. Mass on the Fridays in Lent.

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## PARISH DEVELOPMENT COLLECTION

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Our Parish Development collection will be taken up at all the Masses this weekend. Your contribution assists us as we continue with the renovation and upgrading of our church.

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## PANCAKE BREAKFAST

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This Sunday morning, March 5<sup>th</sup>, the Knights will be serving pancake breakfast in the school gymnasium after the 8:30 and 10:00 Masses. All are welcome!

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## CHURCH RENOVATIONS

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Beginning Monday, March 6<sup>th</sup>, through to Friday, March 17<sup>th</sup>, daily Mass and other devotions will be held in the Shrine Room (church basement) while the interior of the church is being painted. Access to the Shrine Room will be via the outdoor pathway along side the church. Friday School Mass and the Sunday Masses next weekend will be held in the school gymnasium. Confessions will still be heard in the church confessionals.

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## BAPTISMS

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We welcome Andrew Keith Wise and Andreas Joseph Russell Leong, baptized today.

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## BURSARY OPPORTUNITIES

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The Knights of Columbus BC and Yukon State Council has 14 Bishop Lobsinger, OMI, Memorial Bursaries available at \$1000 each. Applicants must be enrolling in the first or subsequent year of higher education. Further details are provided on their website: [www.kofcbc.org](http://www.kofcbc.org) The Catholic Health Association of BC will grant a \$500 bursary to a 2023 graduate who successfully demonstrates an awareness and understanding of the Significance of Spirituality in Health Care. Visit [www.chabc.bc.ca/bursary](http://www.chabc.bc.ca/bursary) for more information.

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## AUCTION

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“Fun in the Sun” is the theme for our annual auction to be held on Saturday, April 22<sup>nd</sup>. One of the best ways to support the Auction is through donations. Some popular donation ideas are electronics, bottles of wine and fine spirits, new items that can be sold, hotel and spa gift cards, sports tickets, gift cards in denominations of \$25, \$50, and \$100. Donations can be dropped off at the school office or in the church vestibule. Check out the Facebook page for all the latest info: <https://www.facebook.com/stmichaelsauktion/>

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## DAY OF RECOLLECTION

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On Saturday, March 25<sup>th</sup>, Saint Michael’s will have a Lenten Day of Recollection, from 9:00 a.m to 3:00 p.m., with guest speaker Father Nick Meisl. Save the date and plan to attend.

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## PARISH DIRECTORY

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### Parish Office:

Tuesday – Saturday: 9:00 a.m. – 5:00 p.m.

### Catechism:

September - May: Wednesday evening at 7:00  
Contact: Claudia DeSimone (604) 522-2186  
[claudia.desimone@stmichaelschool.ca](mailto:claudia.desimone@stmichaelschool.ca)

### Adult Catechism:

September - May: Thursday evening at 7:00 in the Parish Centre.

### Choir:

September - June: Thursday evening at 7:00  
Contact: Tyler Mitchell (604) 671-7453

### Knights of Columbus:

2<sup>nd</sup> Tuesday of the month, after evening Mass.

Contact: Enrico Garrone (604) 540-8760, or Peter Au (604) 808-9882

Website: <http://www.kofc9246.org/>

### Ladies Auxiliary:

1<sup>st</sup> Tuesday of the month, beginning with Rosary in the church at 7:10 p.m.

Contact: Rosalyn Ogilvie (604) 420-6279

### Youth Group:

1<sup>st</sup> Sunday of the month, 7:00 p.m. in the gym  
3<sup>rd</sup> Saturday of the month, 7:00 p.m. Mass and social.

Contact: Paul Roder

email: [st.mikes\\_youthgroup@hotmail.com](mailto:st.mikes_youthgroup@hotmail.com)