PENITENTIAL DISCIPLINE OF THE CHURCH: These precepts apply: "Ash Wednesday and Good Friday are days of fast and abstinence." "Fridays are days of abstinence, but Catholics may substitute special acts of charity or piety on this day." The obligation stemming from these disciplines is a very serious one. The obligation to do penance comes from the Divine Law itself. However, special penitential days (Ash Wednesday, Good Friday, and all Fridays) are set aside so that Christians can join in a common observance of penance. The Law of abstinence is binding on everyone over the age of fourteen. Thus, on all Fridays we must abstain from meat, or substitute this with a significant act of piety or charity. The Law of fasting (Ash Wednesday and Good Friday) is binding on everyone over eighteen and under sixty. On these two days, in addition to abstaining from meat, we must eat only one full meal, two light meals, and no snacks.

PLEASE PRAY FOR THE SICK

John Adu, Jaime Awa, Sylvia Baco, Don Baker, Kay Blair, Andrew Blount, Tomas Bourassa, Julie Brown, June Buchan, Wendy Buchan, Joe & Megan Buenacruz, Kristi Burgon, Cynthia Caraan, Jules Carrier, Helen Cartier, Albina Cavaliere, Leonida Chaplin, Jenny Cheng, Robert & Theresa Cheng, Elysha Chernosky, Stephanie Chew, Hershey Chow, Maria Correia, Jose Correia, Pedro Paulo Freitas Costa, Robert Costa, James Cresswell, Justin Darrah, David Dawson, Rita De Croos, Luigino De Paoli, Jeanie Deagle, Martino Demichina, David Dixon, Barbara Duralia, Frank Duralia, Christine Ermita, Anna Fabbro, Arend Fernandez, Cecilia Ferreira, Hélène Fournier, Lydia Gareau, Lloyd & Bernice Gerson, Robert Gierico, Victoria Gillespie, William Girard, Amy Goco, Linda Gorrie, Chung Eun & Jung Soo Han, Anthony Hee, Domingo & Violeta Hernandez, Dawn Horrocks, Kathy Horrocks, Noelle Horrocks, Bogumil Iwan, Travis Jack, Bronwyn Jones, Herta Kemnitz, Caterina Kennedy, Susan Kent, Josephine Kerr, Kevin Kerr, Lisa Kerr, Kimberly Lam, Leslie Larden, Fr. Joseph Thoai Le, Paul Levy, Chuk Ming Lo, Erin Mackay, Lia Macri, Stan & Carol March, Phyllis Marchand, Jamie McCloskey, Bruce McLean, Julie McNeil, Peggy MacDonald, Shirley Mhur, Marion Milton, Peggy Mrazek, Kwong-Lung Mui, Rosemary Nicholson, Jim O'Brien, Eileen O'Riordan, Anthony Patrick, Terry Phillips, Naomi Piñeda, Bernadeth Recinto, Eduardo Reyes, Insoon Roh, Fergus Savage, Manfred Schunck, Richard Seganfreddo, Winnie Sirec, Fred Sirec, Stephen Smith, Walter Sporer, Stacey Stalhem, Janet Stead, Ted Stewart, Theresa Stobbs, Ian Stockdale, Gen Sykes, Sigi Ullrich, Barbara Waller, Christina Wee, Anne Whittey, Jack Wilcock, Isabel Wodtke, Cindy Woo, Heather Wright, Aida Yepez, Henry Zilkowsky, Lloyd Zimmerman, and all the sick of whom we do not know. Mary, Health of the Sick, pray for us.

Parish of Saint Michael the Archangel

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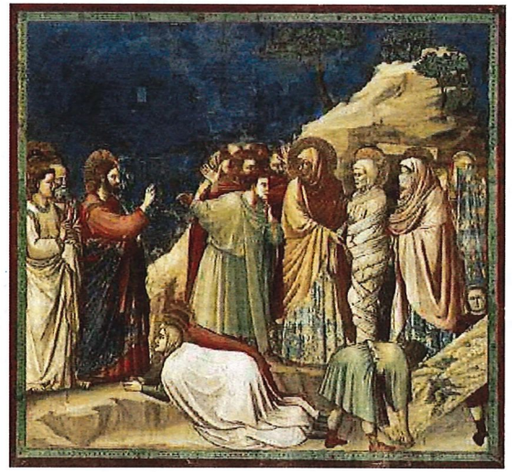
Burnaby, BC V3N 4C3
Phone: (604) 521-3406
Website: www.stmichaelsparish.ca
Email: Parish.Secretary@stmichaelsparish.ca

PASTOR: Monsignor Bernard Rossi, P.H., J.C.D.
ASSISTANT PASTOR: Father DePaul Doan, C.S.J.B.
PARISH SECRETARY: Mrs. Sharon Gauvin

FIFTH SUNDAY OF LENT, MARCH 26, 2023

Sunday Mass:	Saturday (anticipated) 7:00 p.m. Sunday - 8:30 a.m., 10:00 a.m., 12 noon, 5:00 p.m.
Weekday Mass:	Monday, Wednesday, Thursday, Friday - 7:15 a.m. Tuesday - 7:30 p.m. School Fridays - 9:00 a.m. Saturday and Holidays - 9:00 a.m.
Confessions:	Saturdays: 8:30 - 8:55 a.m. and following the 9:00 Mass; 4:00 - 4:30 p.m. and following the evening Mass.
Baptisms:	By appointment. Held on Sundays at 1:15 p.m.
Marriage:	Please contact Monsignor Rossi at least 4 months in advance.
Parish School:	Principal: Mrs. Elaine Grant Secretary: Mrs. Jodi De Julius Phone: (604) 526-9768



"Whoever believes in me, even though they die, will live,
and everyone who lives and believes in me will never die."

WEEK AT A GLANCE

Mar 27 Monday
7:00 a.m. Lauds
7:15 a.m. Mass

Mar 28 Tuesday
7:10 p.m. Rosary for the Sick
7:30 p.m. Mass

Mar 29 Wednesday
7:00 a.m. Lauds
7:15 a.m. Mass
7:00 p.m. CCD
7:30 p.m. CCD Mass

Mar 30 Thursday
7:00 a.m. Lauds
7:15 a.m. Mass
7:00 p.m. Choir Practice
7:00 p.m. Adult Catechism

Mar 31 Friday
9:00 a.m. Mass
7:00 p.m. Stations of the Cross
7:30 p.m. Mass

April 1 Saturday
9:00 a.m. Mass
9:30 a.m. Rosary for Vocations

FLOWER COLLECTION FOR EASTER

The Ladies will be at the back of the church after all the Masses this weekend to take up a collection for flowers for the sanctuary for Easter.

LENTEN DEVOTIONS

On the Sundays of Lent, we celebrate Vespers followed by Benediction of the Blessed Sacrament at 4:00 p.m. in the church. On Lenten Fridays, Mass is celebrated at 9:00 a.m. and 7:30 p.m. The evening Mass is preceded by Stations of the Cross at 7:00. Please note that there is no 7:15 a.m. Mass on the Fridays in Lent.

THIRD SCRUTINY

At the 10:00 Mass this morning, we have the third scrutiny of our Catechumens. Let us keep them in our prayers as they continue in their preparation for baptism at Easter.

FOOD BANK/ BOTTLE DROP-OFF

This Sunday, March 26th, is Food Bank Sunday in our parish. Your empty refundable bottles and cans may be left outside the school gymnasium doors after the morning Masses. Thank you for your generosity to the poor.

SHARE LENT

This weekend the annual Share Lent collection will be take up at all the Masses. This special collection assists the Canadian Catholic Organization for Development and Peace in carrying out their mission of providing support and aid to those in need.

BAPTISMS

We welcome Jelena Astrid Roman, Jino Matthias Roman, Laura Machado Raulino, and Antônia Machado Raulino, baptized today.

SCHEDULE OF PENITENTIAL SERVICES FOR LENT

At the back of the church are copies of the schedule of Lenten penitential services in our area. Our own penitential service is next Sunday, April 2nd, with nine priests available to hear confessions. Also on the schedule you will find information about extra confession times at Saint Michael's, altar servers' practices, and the Holy Week Liturgies. Please take a copy of the schedule home with you and keep it handy for future reference.

AUCTION

"Fun in the Sun" is the theme for our annual auction to be held on Saturday, April 22nd. One of the best ways to support the Auction is through donations. Some popular donation ideas are electronics, bottles of wine and fine spirits, new items that can be sold, hotel and spa gift cards, sports tickets, gift cards in denominations of $25, $50, and $100. Donations can be dropped off at the school office or in the church vestibule. Check out the Facebook page for all the latest info:
https://www.facebook.com/stmichaelsauction/

PARISH DIRECTORY

Parish Office:
Tuesday – Saturday: 9:00 a.m. – 5:00 p.m.

Catechism:
September - May: Wednesday evening at 7:00
Contact: Claudia DeSimone (604) 522-2186
claudia.desimone@stmichaelschool.ca

Adult Catechism:
September - May: Thursday evening at 7:00 in the Parish Centre.

Choir:
September - June: Thursday evening at 7:00
Contact: Tyler Mitchell (604) 671-7453

Knights of Columbus:
2nd Tuesday of the month, after evening Mass.
Contact: Enrico Garrone (604) 540-8760, or Peter Au (604) 808-9882
Website: http://www.kofc9246.org/

Ladies Auxiliary:
1st Tuesday of the month at 1:00 p.m.
Contact: Rosalyn Ogilvie (604) 420-6279

Youth Group:
1st Sunday of the month, 7:00 p.m. in the gym
3rd Saturday of the month, 7:00 p.m. Mass and social. Contact: Paul Roder
email: st.mikes_youthgroup@hotmail.com