

**PENITENTIAL DISCIPLINE OF THE CHURCH:** These precepts apply: “Ash Wednesday and Good Friday are days of fast and abstinence.” “Fridays are days of abstinence, but Catholics may substitute special acts of charity or piety on this day.” The obligation stemming from these disciplines is a very serious one. The obligation to do penance comes from the Divine Law itself. However, special penitential days (Ash Wednesday, Good Friday, and all Fridays) are set aside so that Christians can join in a common observance of penance. The Law of abstinence is binding on everyone over the age of fourteen. Thus, on all Fridays we must abstain from meat, or substitute this with a significant act of piety or charity. The Law of fasting (Ash Wednesday and Good Friday) is binding on everyone over eighteen and under sixty. On these two days, in addition to abstaining from meat, we must eat only one full meal, two light meals, and no snacks.

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### PLEASE PRAY FOR THE SICK

John Adu, Jaime Awa, Sylvia Baco, Don Baker, Kay Blair, Andrew Blount, Tomas Bourassa, Julie Brown, June Buchan, Wendy Buchan, Joe & Megan Buenacruz, Kristi Burgon, Cynthia Caraan, Jules Carrier, Helen Cartier, Albina Cavaliere, Leonida Chaplin, Jenny Cheng, Robert & Theresa Cheng, Elysha Chernosky, Stephanie Chew, Hershey Chow, Maria Correia, Jose Correia, Pedro Paulo Freitas Costa, Robert Costa, James Cresswell, Justin Darrah, David Dawson, Rita De Croos, Luigino De Paoli, Jeanie Deagle, Martino Demichina, David Dixon, Barbara Duralia, Frank Duralia, Christine Ermita, Anna Fabbro, Arend Fernandez, Cecilia Ferreira, Hélène Fournier, Lydia Gareau, Lloyd & Bernice Gerson, Robert Gierico, Victoria Gillespie, William Girard, Amy Goco, Linda Gorrie, Chung Eun & Jung Soo Han, Anthony Hee, Domingo & Violeta Hernandez, Dawn Horrocks, Kathy Horrocks, Noelle Horrocks, Bogumil Iwan, Travis Jack, Bronwyn Jones, Herta Kemnitz, Caterina Kennedy, Susan Kent, Josephine Kerr, Kevin Kerr, Lisa Kerr, Kimberly Lam, Leslie Larden, Fr. Joseph Thoai Le, Paul Levy, Chuk Ming Lo, Erin Mackay, Lia Macri, Stan & Carol March, Phyllis Marchand, Jamie McCloskey, Bruce McLean, Julie McNeil, Peggy MacDonald, Shirley Mhur, Marion Milton, Peggy Mrazek, Kwong-Lung Mui, Rosemary Nicholson, Jim O’Brien, Eileen O’Riordan, Anthony Patrick, Terry Phillips, Naomi Piñeda, Bernadeth Recinto, Eduardo Reyes, Insoon Roh, Fergus Savage, Manfred Schunck, Richard Seganfreddo, Winnie Sirec, Fred Sirec, Stephen Smith, Walter Sporer, Stacey Stalhem, Janet Stead, Ted Stewart, Theresa Stobbs, Ian Stockdale, Gen Sykes, Sigi Ullrich, Barbara Waller, Christina Wee, Anne Whittey, Jack Wilcock, Isabel Wodtke, Cindy Woo, Heather Wright, Aida Yepez, Henry Zilkowsky, Lloyd Zimmerman, and all the sick of whom we do not know. Mary, Health of the Sick, pray for us.

## Parish of Saint Michael the Archangel

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PASTOR: Monsignor Bernard Rossi, P.H., J.C.D.  
ASSISTANT PASTOR: Father DePaul Doan, C.S.J.B.  
PARISH SECRETARY: Mrs. Sharon Gauvin

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### FOURTH SUNDAY OF LENT, MARCH 19, 2023

Sunday Mass: Saturday (anticipated) 7:00 p.m.  
Sunday - 8:30 a.m., 10:00 a.m., 12 noon, 5:00 p.m.  
Weekday Mass: Monday, Wednesday, Thursday, Friday - 7:15 a.m.  
Tuesday - 7:30 p.m.  
School Fridays - 9:00 a.m.  
Saturday and Holidays - 9:00 a.m.  
Confessions: Saturdays: 8:30 - 8:55 a.m. and following the 9:00 Mass;  
4:00 - 4:30 p.m. and following the evening Mass.  
Baptisms: By appointment. Held on Sundays at 1:15 p.m.  
Marriage: Please contact Monsignor Rossi at least 4 months in advance.  
Parish School: Principal: Mrs. Elaine Grant  
Secretary: Mrs. Jodi De Julius Phone: (604) 526-9768



*“I came into this world for judgment  
so that those who do not see may see.”*

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## WEEK AT A GLANCE

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### Mar 20 Monday

❖ Saint Joseph, spouse of the Blessed Virgin Mary, Principal Patron of Canada and of the Universal Church

7:00 a.m. Lauds

7:15 a.m. Mass

7:30 p.m. Mass

### Mar 21 Tuesday

7:10 p.m. Rosary for the Sick

7:30 p.m. Mass

### Mar 22 Wednesday

7:00 a.m. Lauds

7:15 a.m. Mass

### Mar 23 Thursday

7:00 a.m. Lauds

7:15 a.m. Mass

7:00 p.m. Choir Practice

7:00 p.m. Adult Catechism

### Mar 24 Friday

9:00 a.m. Mass

7:00 p.m. Stations of the Cross

7:30 p.m. Mass

### Mar 25 Saturday

❖ The Annunciation of the Lord

9:00 a.m. Mass

9:30 a.m. Rosary for Vocations

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## FOOD BANK/

## BOTTLE DROP-OFF

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Next Sunday, March 26<sup>th</sup>, is Food Bank Sunday in our parish. Your contributions to our food bank are appreciated!

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## LENTEN DEVOTIONS

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On the Sundays of Lent, we celebrate Vespers followed by Benediction of the Blessed Sacrament at 4:00 p.m. in the church. On Lenten Fridays, Mass is celebrated at 9:00 a.m. and 7:30 p.m. The evening Mass is preceded by Stations of the Cross at 7:00. Please note that there is no 7:15 a.m. Mass on the Fridays in Lent.

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## SECOND SCRUTINY

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At the 10:00 Mass this morning, we have the second scrutiny of our Catechumens. Let us keep Chloe Ding and Joyce Zhu in our prayers during these final weeks of their preparation for baptism at Easter.

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## DAY OF RECOLLECTION

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Next Saturday, March 25<sup>th</sup>, Saint Michael's Parish will welcome Father Nick Meisl to preach at our Lenten Day of Recollection, beginning at 9:00 a.m. with Mass and concluding at 3:00 p.m. Lunch will be provided by the Ladies and the Knights. Please sign the registration sheet for the Day of Recollection if you plan to attend so that adequate preparations can be made.

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## SHARE LENT

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Next Sunday, March 26<sup>th</sup>, there will be a second collection for Share Lent. This special collection assists the Canadian Catholic Organization for Development and Peace in carrying out their mission of providing support and aid to those in need.

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## BAPTISMS

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We welcome Louise Min Ah Brekke, baptized today.

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## SCHEDULE OF PENITENTIAL SERVICES FOR LENT

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At the back of the church are copies of the schedule of Lenten penitential services in our area. Our own penitential service will be on Sunday, April 2<sup>nd</sup>, with nine priests available to hear confessions. Also on the schedule you will find information about extra confession times at Saint Michael's, altar servers' practices, and the Holy Week Liturgies that will be celebrated in our church. Please take a copy of the schedule home with you and keep it handy for future reference.

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## AUCTION

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"Fun in the Sun" is the theme for our annual auction to be held on Saturday, April 22<sup>nd</sup>. One of the best ways to support the Auction is through donations. Some popular donation ideas are electronics, bottles of wine and fine spirits, new items that can be sold, hotel and spa gift cards, sports tickets, gift cards in denominations of \$25, \$50, and \$100. Donations can be dropped off at the school office or in the church vestibule. Check out the Facebook page for all the latest info:

<https://www.facebook.com/stmichaelsauktion/>

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## PARISH DIRECTORY

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### Parish Office:

Tuesday – Saturday: 9:00 a.m. – 5:00 p.m.

### Catechism:

September - May: Wednesday evening at 7:00

Contact: Claudia DeSimone (604) 522-2186

[claudia.desimone@stmichaelschool.ca](mailto:claudia.desimone@stmichaelschool.ca)

### Adult Catechism:

September - May: Thursday evening at 7:00 in the Parish Centre.

### Choir:

September - June: Thursday evening at 7:00

Contact: Tyler Mitchell (604) 671-7453

### Knights of Columbus:

2<sup>nd</sup> Tuesday of the month, after evening Mass.

Contact: Enrico Garrone (604) 540-8760, or Peter Au (604) 808-9882

Website: <http://www.kofc9246.org/>

### Ladies Auxiliary:

1<sup>st</sup> Tuesday of the month, beginning with Rosary in the church at 7:10 p.m.

Contact: Rosalyn Ogilvie (604) 420-6279

### Youth Group:

1<sup>st</sup> Sunday of the month, 7:00 p.m. in the gym  
3<sup>rd</sup> Saturday of the month, 7:00 p.m. Mass and social.

Contact: Paul Roder

email: [st.mikes\\_youthgroup@hotmail.com](mailto:st.mikes_youthgroup@hotmail.com)