

PENITENTIAL DISCIPLINE OF THE CHURCH: These precepts apply: “Ash Wednesday and Good Friday are days of fast and abstinence.” “Fridays are days of abstinence, but Catholics may substitute special acts of charity or piety on this day.” The obligation stemming from these disciplines is a very serious one. The obligation to do penance comes from the Divine Law itself. However, special penitential days (Ash Wednesday, Good Friday, and all Fridays) are set aside so that Christians can join in a common observance of penance. The Law of abstinence is binding on everyone over the age of fourteen. Thus, on all Fridays we must abstain from meat, or substitute this with a significant act of piety or charity. The Law of fasting (Ash Wednesday and Good Friday) is binding on everyone over eighteen and under sixty. On these two days, in addition to abstaining from meat, we must eat only one full meal, two light meals, and no snacks.

PLEASE PRAY FOR THE SICK

John Adu, Ken Arthur, Jaime Awa, Sylvia Baco, Don Baker, Aldo Bevacqua, Bill & Kay Blair, Raymond Blais, Andrew Blount, Maurice Booth, Tomas Bourassa, Robert Breen, Julie Brown, June Buchan, Wendy Buchan, Joe & Megan Buenacruz, Kristi Burgon, Cynthia Caraan, Jules Carrier, Helen Cartier, Michael Carney, Joe & Albina Cavaliere, Leonida Chaplin, Jenny Cheng, Robert & Theresa Cheng, Elysha Chernosky, Hershey Chow, Maria Correia, Jose Correia, Pedro Paulo Freitas Costa, Robert Costa, James Cresswell, Catherine Crocock, Justin Darrah, David Dawson, Rita De Croos, Luigino De Paoli, Jeanie Deagle, Maddalena Demichina, Martino Demichina, David Dixon, Sylvia Dixon, Filipe Duarte, Barbara Duralia, Frank Duralia, Christine Ermita, Anna Fabbro, Arend Fernandez, Claude & Hélène Fournier, Maria Margarida Freitas, Lydia Gareau, Lloyd & Bernice Gerson, Robert Gierico, Victoria Gillespie, William & Doris Girard, Amy Goco, Linda Gorrie, Chung Eun & Jung Soo Han, Anthony Hee, Domingo & Violeta Hernandez, Dawn Horrocks, Kathy Horrocks, Noelle Horrocks, Quinlan Huff, Bogumil Iwan, Travis Jack, Bronwyn Jones, Herta Kemnitz, Caterina Kennedy, Susan Kent, Josephine Kerr, Kevin Kerr, Lisa Kerr, Daniel Kozak, Kimberly Lam, Leslie Larden, Danna Larsen, Fr. Joseph Thoai Le, Paul Levy, Chuk Ming Lo, Erin Mackay, Lia Macri, Phyllis Marchand, Fr. Dunstan Massey OSB, Jamie McCloskey, Tom McCloskey, Bruce McLean, Julie McNeil, Peggy MacDonald, Anne Marie MacFarlane, Shirley Mhur, Marion Milton, Peggy Mrazek, Kwong-Lung Mui, Rosemary Nicholson, Jim O’Brien, Eileen O’Riordan, Anthony Patrick, Terry Phillips, Naomi Piñeda, Luciano Pistrin, Bernadeth Recinto, Eduardo Reyes, Insoon Roh, Ron Rosvold, Manfred Schunck, Marlene Shein, Winnie Sirec, Fred Sirec, Stephen Smith, Walter Sporer, Stacey Stalhem, Janet Stead, Ted Stewart, Theresa Stobbs, Ian Stockdale, Gen Sykes, Sigi Ullrich, Elizabeth Vitek, Barbara Waller, Christina Wee, Patrick Welsh, Anne Whittey, Jack Wilcock, Isabel Wodtke, Cindy Woo, Heather Wright, Aida Yopez, Henry Zilkowsky, Lloyd Zimmerman, and all the sick of whom we do not know. Mary, Health of the Sick, pray for us.

Parish of Saint Michael the Archangel

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PASTOR: Monsignor Bernard Rossi, P.H., J.C.D.

ASSISTANT PASTOR: Father DePaul Doan, C.S.J.B.

PARISH SECRETARY: Mrs. Sharon Gauvin



THE FIRST SUNDAY OF LENT, MARCH 6, 2022

- Sunday Mass: Saturday (anticipated) 7:00 p.m.
Sunday – 8:30 a.m., 10:00 a.m., 12 noon, 5:00 p.m.
- Weekday Mass: Monday, Wednesday, Thursday, Friday – 7:15 a.m.
Tuesday – 7:30 p.m.
School Fridays – 9:00 a.m.
Saturday and Holidays – 9:00 a.m.
- Confessions: Saturdays: 8:30 – 8:55 a.m. and following the 9:00 Mass;
4:00 - 4:30 p.m. and following the evening Mass.
- Baptisms: By appointment. Held on Sundays at 1:15 p.m.
- Marriage: Please contact Monsignor Rossi at least 4 months in advance.
- Parish School: Principal: Mrs. Caterina Kennedy
Secretary: Mrs. Jodi De Julius Phone: (604) 526-9768



“Man does not live by bread alone.”

WEEK AT A GLANCE

Mar 7 Monday

7:00 a.m. Lauds
7:15 a.m. Mass

Mar 8 Tuesday

7:10 p.m. Rosary for the Sick
7:30 p.m. Mass

Mar 9 Wednesday

7:00 a.m. Lauds
7:15 a.m. Mass
7:00 p.m. CCD

Mar 10 Thursday

7:00 a.m. Lauds
7:15 a.m. Mass

Mar 11 Friday

9:00 a.m. School Mass
7:00 p.m. Stations of the Cross
7:30 p.m. Mass

Mar 12 Saturday

9:00 a.m. Mass
9:30 a.m. Rosary for Vocations
10:00 – 11:30 a.m. Synod meeting

DAYLIGHT SAVING TIME

A reminder to set your clocks one hour ahead next Sunday, March 13th, at 2 a.m. as we begin Daylight Saving Time.



LENT

In this season, we should practice the traditional forms of penance: fasting, abstinence from meat and luxuries, almsgiving, and prayer. In almsgiving we set aside for the needs of the Church and the poor, the savings we realize by our fast and abstinence. In prayer we keep all this observance directed towards God.

LENTEN DEVOTIONS

On the Sundays of Lent, we celebrate Vespers followed by Benediction of the Blessed Sacrament at 4:00 p.m. in the church. On Lenten Fridays, Mass is celebrated at 9:00 a.m. and 7:30 p.m. The evening Mass is preceded by Stations of the Cross at 7:00. Please note that there is no 7:15 a.m. Mass on the Fridays in Lent.

RITE OF ELECTION

At the 10:00 Mass today, we have the Rite of Election for those who wish to be baptized at Easter: Phoebe Chan and Chi Zhang. Please keep our catechumens in your prayers during these final weeks of their preparation.

SAINT JOSEPH SOCIETY

This annual collection, for the care and needs of retired and infirm priests, will be taken up this weekend. Please show your gratitude for the priests of our Archdiocese by your generosity. Our parish development collection is thus deferred to the second Sunday in March.

SYNOD

*“The Church wants to listen.
Come join the conversation.”*

Mr. Paul Roder will speak after all the Masses this weekend to explain the Synod process and encourage your participation. Please sign the sheet in the vestibule if you wish to participate in the Synod session next Saturday, March 12th, in our school gymnasium. After the morning Mass at 9:00 there will be refreshments in the gym, with the Synod round-table discussions beginning at 10:00 and concluding at 11:30.

INCOME TAX RECEIPTS

This is the final weekend that we will have the income tax receipts for 2021 at the back of the church. Last year the parish spent over \$200 in postage to mail out unclaimed receipts. Please save the parish the cost of mailing your tax receipt and take it home with you today.

AUCTION

Our parish auction, “Come Together”, will be on-line this year beginning on April 11th and closing on April 23rd. Donations for the auction are still needed and will be accepted until to March 30th. Donated services, gift baskets, gift cards, and new unused items will all contribute to the success of the auction. For the latest information check out the St. Michael’s Auction Facebook page at www.facebook.com/stmichaelsauction/

PARISH DIRECTORY

Parish Office:

Tuesday – Saturday: 9:00 a.m. – 5:00 p.m.

Catechism:

September - May: Wednesday evening at 7:00
Contact: Claudia DeSimone (604) 522-2186
claudia.desimone@stmichaelschool.ca

Adult Catechism:

September - May: Thursday evening at 7:00
in the Parish Centre.

Choir:

September - June: Thursday evening at 7:00
Contact: Tyler Mitchell (604) 671-7453

Knights of Columbus:

2nd Tuesday of the month, after evening Mass.
Contact: John Cabana (604) 294-4222, or
Enrico Garrone (604) 540-8760
Website: <http://www.kofc9246.org/>

Ladies Auxiliary:

1st Tuesday of the month, beginning with
Rosary in the church at 7:10 p.m.
Contact: Rosalyn Ogilvie (604) 420-6279

Youth Group:

1st Sunday of the month, 7:00 p.m. in the gym
3rd Saturday of the month, 7:00 p.m. Mass and
social. Contact: Ryan
email: st.mikes_youthgroup@hotmail.com