

**PENITENTIAL DISCIPLINE OF THE CHURCH:** These precepts apply: “Ash Wednesday and Good Friday are days of fast and abstinence.” “Fridays are days of abstinence, but Catholics may substitute special acts of charity or piety on this day.” The obligation stemming from these disciplines is a very serious one. The obligation to do penance comes from the Divine Law itself. However, special penitential days (Ash Wednesday, Good Friday, and all Fridays) are set aside so that Christians can join in a common observance of penance. The Law of abstinence is binding on everyone over the age of fourteen. Thus, on all Fridays we must abstain from meat, or substitute this with a significant act of piety or charity. The Law of fasting (Ash Wednesday and Good Friday) is binding on everyone over eighteen and under sixty. On these two days, in addition to abstaining from meat, we must eat only one full meal, two light meals, and no snacks.

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### PLEASE PRAY FOR THE SICK

John Adu, Ken Arthur, Jaime Awa, Sylvia Baco, Don Baker, Aldo Bevacqua, Bill & Kay Blair, Raymond Blais, Andrew Blount, Maurice Booth, Tomas Bourassa, Robert Breen, Julie Brown, June Buchan, Wendy Buchan, Joe & Megan Buenacruz, Kristi Burgon, Cynthia Caraan, Jules Carrier, Helen Cartier, Michael Carney, Joe & Albina Cavaliere, Leonida Chaplin, Jenny Cheng, Robert & Theresa Cheng, Elysha Chernosky, Hershey Chow, Maria Correia, Jose Correia, Pedro Paulo Freitas Costa, Robert Costa, James Cresswell, Catherine Crocock, Justin Darrah, David Dawson, Rita De Croos, Luigino De Paoli, Jeanie Deagle, Maddalena Demichina, Martino Demichina, David Dixon, Sylvia Dixon, Filipe Duarte, Barbara Duralia, Frank Duralia, Christine Ermita, Anna Fabbro, Arend Fernandez, Claude & Hélène Fournier, Maria Margarida Freitas, Lydia Gareau, Lloyd & Bernice Gerson, Robert Gierico, Victoria Gillespie, William & Doris Girard, Amy Goco, Linda Gorrie, Chung Eun & Jung Soo Han, Anthony Hee, Domingo & Violeta Hernandez, Dawn Horrocks, Kathy Horrocks, Noelle Horrocks, Quinlan Huff, Bogumil Iwan, Travis Jack, Bronwyn Jones, Herta Kemnitz, Caterina Kennedy, Susan Kent, Josephine Kerr, Kevin Kerr, Lisa Kerr, Daniel Kozak, Kimberly Lam, Leslie Larden, Danna Larsen, Fr. Joseph Thoai Le, Paul Levy, Chuk Ming Lo, Erin Mackay, Lia Macri, Phyllis Marchand, Fr. Dunstan Massey OSB, Jamie McCloskey, Tom McCloskey, Bruce McLean, Julie McNeil, Peggy MacDonald, Anne Marie MacFarlane, Shirley Mhur, Marion Milton, Peggy Mrazek, Kwong-Lung Mui, Rosemary Nicholson, Jim O’Brien, Eileen O’Riordan, Anthony Patrick, Terry Phillips, Naomi Piñeda, Luciano Pistrin, Bernadeth Recinto, Eduardo Reyes, Insoon Roh, Ron Rosvold, Manfred Schunck, Winnie Sirec, Fred Sirec, Stephen Smith, Walter Sporer, Stacey Stalhem, Janet Stead, Ted Stewart, Theresa Stobbs, Ian Stockdale, Gen Sykes, Sigi Ullrich, Barbara Waller, Christina Wee, Patrick Welsh, Anne Whittey, Jack Wilcock, Isabel Wodtke, Cindy Woo, Heather Wright, Aida Yopez, Henry Zilkowsky, Lloyd Zimmerman, and all the sick of whom we do not know. Mary, Health of the Sick, pray for us.

## Parish of Saint Michael the Archangel

9387 Holmes Street

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Email: [Parish.Secretary@stmichaelsparish.ca](mailto:Parish.Secretary@stmichaelsparish.ca)

PASTOR: Monsignor Bernard Rossi, P.H., J.C.D.

ASSISTANT PASTOR: Father DePaul Doan, C.S.J.B.

PARISH SECRETARY: Mrs. Sharon Gauvin



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### THE FOURTH SUNDAY OF LENT, MARCH 27, 2022

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Sunday Mass: Saturday (anticipated) 7:00 p.m.  
Sunday – 8:30 a.m., 10:00 a.m., 12 noon, 5:00 p.m.

Weekday Mass: Monday, Wednesday, Thursday, Friday – 7:15 a.m.  
Tuesday – 7:30 p.m.  
School Fridays – 9:00 a.m.  
Saturday and Holidays – 9:00 a.m.

Confessions: Saturdays: 8:30 – 8:55 a.m. and following the 9:00 Mass;  
4:00 - 4:30 p.m. and following the evening Mass.

Baptisms: By appointment. Held on Sundays at 1:15 p.m.

Marriage: Please contact Monsignor Rossi at least 4 months in advance.

Parish School: Principal: Mrs. Caterina Kennedy  
Secretary: Mrs. Jodi De Julius Phone: (604) 526-9768



*“Father, I have sinned against heaven and before you.”*

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## WEEK AT A GLANCE

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### Mar 28 Monday

7:00 a.m. Lauds  
7:15 a.m. Mass

### Mar 29 Tuesday

7:10 p.m. Rosary for the Sick  
7:30 p.m. Mass  
8:00 p.m. Finance Council Meeting

### Mar 30 Wednesday

7:00 a.m. Lauds  
7:15 a.m. Mass  
7:00 p.m. CCD  
7:00 p.m. Priest/Parent/Teacher Meeting  
Re: First Holy Communion

### Mar 31 Thursday

7:00 a.m. Lauds  
7:15 a.m. Mass  
7:00 p.m. Choir Practice

### April 1 First Friday

9:00 a.m. School Mass  
10:00 a.m. - 6:30 p.m. Adoration  
6:30 p.m. Confessions  
7:00 p.m. Stations of the Cross  
7:30 p.m. Mass

### April 2 Saturday

9:00 a.m. Mass  
9:30 a.m. Rosary for Vocations

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## SECOND SCRUTINY

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At the 10:00 Mass this Sunday, we have the Second Scrutiny of our catechumens. Please keep them in your prayers as they continue their preparation for Baptism at Easter.

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## HOLY HOUR FOR UKRAINE

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This afternoon, March 27<sup>th</sup>, beginning at 3:30 in the afternoon, there will be a special Holy Hour in the church for peace in Ukraine: Vespers followed by Benediction of the Blessed Sacrament. Everyone is welcome and encouraged to come and pray for peace.

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## PRIEST/PARENT/TEACHER MEETING

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On Wednesday, March 30<sup>th</sup>, there will be a meeting in the church at 7:00 p.m. for the parents of the children in our parish and school preparing to receive their First Holy Communion in May. Then, next Sunday, April 3<sup>rd</sup>, the 8:30 Mass will be a Mass of preparation for those children.

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## FIRST FRIDAY

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Friday, April 1<sup>st</sup>, is the First Friday of the month. Mass will be celebrated at 9:00 a.m. and 7:30 p.m. Adoration of the Blessed Sacrament will commence following morning Mass and conclude at 6:30 p.m., when confessions will be heard. Please consider spending time in prayer and adoration before the Blessed Sacrament; a sign-up sheet is posted in the vestibule.

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## BAPTISMS

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We welcome Cecilia Grace McRudden, baptized today.

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## PENITENTIAL SERVICES FOR LENT

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The schedule of Lenten Penitential Services in our Deanery is available in the vestibule of the church. Our own penitential service here at Saint Michael's will be on Palm Sunday, April 10<sup>th</sup>. On the schedule you will also find additional confession times offered at Saint Michael's, the schedule of altar servers' practices and the Easter liturgies. Please take a copy home with you for future reference.

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## SHARE LENT

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There will be a second collection next weekend for Share Lent, whereby we may offer the fruit of our Lenten sacrifices to the *Canadian Catholic Organization for Development and Peace* to financially support development and aid projects in the Global South. Hence, our Parish Development collection is deferred to the second Sunday in April.

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## THE HOLY FATHER'S PRAYER INTENTION FOR APRIL

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For health care workers who serve the sick and the elderly, especially in the poorest countries; may they be adequately supported by governments and local communities.

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## PARISH DIRECTORY

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### Parish Office:

Tuesday – Saturday: 9:00 a.m. – 5:00 p.m.

### Catechism:

September - May: Wednesday evening at 7:00  
Contact: Claudia DeSimone (604) 522-2186  
[claudia.desimone@stmichaelschool.ca](mailto:claudia.desimone@stmichaelschool.ca)

### Adult Catechism:

September - May: Thursday evening at 7:00  
in the Parish Centre.

### Choir:

September - June: Thursday evening at 7:00  
Contact: Tyler Mitchell (604) 671-7453

### Knights of Columbus:

2<sup>nd</sup> Tuesday of the month, after evening Mass.  
Contact: John Cabana (604) 294-4222, or  
Enrico Garrone (604) 540-8760  
Website: <http://www.kofc9246.org/>

### Ladies Auxiliary:

1<sup>st</sup> Tuesday of the month, beginning with  
Rosary in the church at 7:10 p.m.  
Contact: Rosalyn Ogilvie (604) 420-6279

### Youth Group:

1<sup>st</sup> Sunday of the month, 7:00 p.m. in the gym  
3<sup>rd</sup> Saturday of the month, 7:00 p.m. Mass and  
social. Contact: Ryan  
email: [st.mikes\\_youthgroup@hotmail.com](mailto:st.mikes_youthgroup@hotmail.com)