

PENITENTIAL DISCIPLINE OF THE CHURCH: These precepts apply: “Ash Wednesday and Good Friday are days of fast and abstinence.” “Fridays are days of abstinence, but Catholics may substitute special acts of charity or piety on this day.” The obligation stemming from these disciplines is a very serious one. The obligation to do penance comes from the Divine Law itself. However, special penitential days (Ash Wednesday, Good Friday, and all Fridays) are set aside so that Christians can join in a common observance of penance. The Law of abstinence is binding on everyone over the age of fourteen. Thus, on all Fridays we must abstain from meat, or substitute this with a significant act of piety or charity. The Law of fasting (Ash Wednesday and Good Friday) is binding on everyone over eighteen and under sixty. On these two days, in addition to abstaining from meat, we must eat only one full meal, two light meals, and no snacks.

PLEASE PRAY FOR THE SICK

John Adu, Ken Arthur, Jaime Awa, Sylvia Baco, Don Baker, Aldo Bevacqua, Bill & Kay Blair, Raymond Blais, Andrew Blount, Maurice Booth, Tomas Bourassa, Robert Breen, Julie Brown, June Buchan, Wendy Buchan, Joe & Megan Buenacruz, Kristi Burgon, Cynthia Caraan, Jules Carrier, Helen Cartier, Michael Carney, Joe & Albina Cavaliere, Leonida Chaplin, Jenny Cheng, Robert & Theresa Cheng, Elysha Chernosky, Hershey Chow, Maria Correia, Jose Correia, Pedro Paulo Freitas Costa, Robert Costa, James Cresswell, Catherine Crocock, Justin Darrah, David Dawson, Rita De Croos, Luigino De Paoli, Jeanie Deagle, Maddalena Demichina, Martino Demichina, David Dixon, Sylvia Dixon, Filipe Duarte, Barbara Duralia, Frank Duralia, Christine Ermita, Anna Fabbro, Arend Fernandez, Claude & Hélène Fournier, Maria Margarida Freitas, Lydia Gareau, Lloyd & Bernice Gerson, Robert Gierico, Victoria Gillespie, William & Doris Girard, Amy Goco, Linda Gorrie, Chung Eun & Jung Soo Han, Anthony Hee, Domingo & Violeta Hernandez, Dawn Horrocks, Kathy Horrocks, Noelle Horrocks, Quinlan Huff, Bogumil Iwan, Travis Jack, Bronwyn Jones, Herta Kemnitz, Caterina Kennedy, Susan Kent, Josephine Kerr, Kevin Kerr, Lisa Kerr, Daniel Kozak, Kimberly Lam, Leslie Larden, Danna Larsen, Fr. Joseph Thoai Le, Paul Levy, Chuk Ming Lo, Erin Mackay, Lia Macri, Phyllis Marchand, Fr. Dunstan Massey OSB, Jamie McCloskey, Tom McCloskey, Bruce McLean, Julie McNeil, Peggy MacDonald, Anne Marie MacFarlane, Shirley Mhur, Marion Milton, Peggy Mrazek, Kwong-Lung Mui, Rosemary Nicholson, Jim O’Brien, Eileen O’Riordan, Anthony Patrick, Terry Phillips, Naomi Piñeda, Luciano Pistrin, Bernadeth Recinto, Eduardo Reyes, Insoon Roh, Ron Rosvold, Manfred Schunck, Winnie Sirec, Fred Sirec, Stephen Smith, Walter Sporer, Stacey Stalhem, Janet Stead, Ted Stewart, Theresa Stobbs, Ian Stockdale, Gen Sykes, Sigi Ullrich, Elizabeth Vitek, Barbara Waller, Christina Wee, Patrick Welsh, Anne Whittey, Jack Wilcock, Isabel Wodtke, Cindy Woo, Heather Wright, Aida Yepez, Henry Zilkowsky, Lloyd Zimmerman, and all the sick of whom we do not know. Mary, Health of the Sick, pray for us.

Parish of Saint Michael the Archangel

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PASTOR: Monsignor Bernard Rossi, P.H., J.C.D.
 ASSISTANT PASTOR: Father DePaul Doan, C.S.J.B.
 PARISH SECRETARY: Mrs. Sharon Gauvin

THE THIRD SUNDAY OF LENT, MARCH 20, 2022

Sunday Mass: Saturday (anticipated) 7:00 p.m.
 Sunday – 8:30 a.m., 10:00 a.m., 12 noon, 5:00 p.m.

Weekday Mass: Monday, Wednesday, Thursday, Friday – 7:15 a.m.
 Tuesday – 7:30 p.m.
 School Fridays – 9:00 a.m.
 Saturday and Holidays – 9:00 a.m.

Confessions: Saturdays: 8:30 – 8:55 a.m. and following the 9:00 Mass;
 4:00 - 4:30 p.m. and following the evening Mass.

Baptisms: By appointment. Held on Sundays at 1:15 p.m.

Marriage: Please contact Monsignor Rossi at least 4 months in advance.

Parish School: Principal: Mrs. Caterina Kennedy
 Secretary: Mrs. Jodi De Julius Phone: (604) 526-9768



“Repent, says the Lord; the kingdom of heaven is at hand.”

WEEK AT A GLANCE

Mar 21 Monday

7:00 a.m. Lauds

7:15 a.m. Mass

Mar 22 Tuesday

7:10 p.m. Rosary for the Sick

7:30 p.m. Mass

8:00 p.m. Parish Council Meeting

Mar 23 Wednesday

7:00 a.m. Lauds

7:15 a.m. Mass

Mar 24 Thursday

7:00 a.m. Lauds

7:15 a.m. Mass

Mar 25 Friday

❖ The Annunciation of the Lord

9:00 a.m. Mass

7:00 p.m. Stations of the Cross

7:30 p.m. Mass

Mar 26 Saturday

9:00 a.m. Mass

9:30 a.m. Rosary for Vocations



LENTEN DEVOTIONS

On the Sundays of Lent we celebrate Vespers followed by Benediction of the Blessed Sacrament at 4:00 p.m. in the church, except next Sunday when it will begin at 3:30. (see below) On Lenten Fridays, Mass is celebrated at 9:00 a.m. and 7:30 p.m. The evening Mass is preceded by Stations of the Cross at 7:00. Please note that there is no 7:15 a.m. Mass on the Fridays in Lent.

HOLY HOUR FOR UKRAINE

Next Sunday, March 27th, beginning at 3:30 in the afternoon, we will have a special Holy Hour for peace in Ukraine, Vespers followed by Benediction of the Blessed Sacrament.

FIRST SCRUTINY

At the 10:00 Mass this Sunday, we have the First Scrutiny of our catechumens, Phoebe Chan and Chi Zhang. Please keep them in your prayers as they continue their preparation for Baptism.

DONATIONS FOR UKRAINE

The Catholic Near East Welfare Association (CNEWA) is a papal agency for humanitarian and pastoral support that works in places where poverty, war, and displacement shatter innocent lives. A generous family from Alberta has agreed to match donations up to \$500,000 in support of the people of Ukraine. Please go to www.rcav.org where there is a [link](#) that connects you to a donations page through CNEWA.

FOOD BANK/

BOTTLE DROP-OFF

Next Sunday is designated food bank Sunday in our parish. Your empty refundable bottles and cans may be left outside the school gymnasium doors. Donations of non-perishable food may be left in the vestibule of the church or dropped off at the parish office during office hours. Presently our food bank needs crackers, peanut butter, canned ham, and packaged rice or potato side dishes. Thank you for your ongoing support.

PENITENTIAL SERVICES FOR LENT

The schedule of Lenten Penitential Services in our Deanery is available in the vestibule of the church. On the schedule you will also find additional confession times offered at Saint Michael's, the schedule of altar servers' practices and the Easter liturgies. Please take a copy home with you for future reference.

AUCTION

Our parish auction, "*Come Together*", will be on-line this year beginning on April 11th and closing on April 23rd. Please consider donating a product or service to the Auction. If you'd like to donate, please email Paul at papergem@gmail.com For the latest information on the auction, check out www.facebook.com/stmichaelsauction/

FAX MACHINE

Please be advised that the parish no longer has a fax machine or fax number.

PARISH DIRECTORY

Parish Office:

Tuesday – Saturday: 9:00 a.m. – 5:00 p.m.

Catechism:

September - May: Wednesday evening at 7:00
Contact: Claudia DeSimone (604) 522-2186
claudia.desimone@stmichaelschool.ca

Adult Catechism:

September - May: Thursday evening at 7:00
in the Parish Centre.

Choir:

September - June: Thursday evening at 7:00
Contact: Tyler Mitchell (604) 671-7453

Knights of Columbus:

2nd Tuesday of the month, after evening Mass.
Contact: John Cabana (604) 294-4222, or
Enrico Garrone (604) 540-8760
Website: <http://www.kofc9246.org/>

Ladies Auxiliary:

1st Tuesday of the month, beginning with
Rosary in the church at 7:10 p.m.
Contact: Rosalyn Ogilvie (604) 420-6279

Youth Group:

1st Sunday of the month, 7:00 p.m. in the gym
3rd Saturday of the month, 7:00 p.m. Mass and
social. Contact: Ryan
email: st.mikes_youthgroup@hotmail.com